

Rotary Action Group for Family Health & AIDS Prevention

22-23

ANNUAL REPORT

RFHA was approved as a Rotary Action Group by the Rotary International Board of Directors in 2004. RFHA is not an agency of, nor controlled by Rotary International Copyright RFHA Inc.



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MESSAGE FROM CEO



Sue Paget
CEO

Thank you to the Board, Advisors and Rotary International

As we reflect on another year of impactful service, I am immensely grateful to each and everyone involved with RFHA, for their commitment and dedication to our organization and program. Together, we have once again demonstrated the power of collaboration and compassion in transforming lives and communities across Africa.

I am reminded of an African phrase that loosely translates as "a person is a person through other people." It is this sentiment that is at the core of all that RFHA and our program strives to achieve.

To all our board members, thank you for your mentorship and strategic guidance that has been so instrumental in shaping RFHA's year.

The year 2022 was not an ordinary year! Emerging from the constraints of COVID-19 into a new world, RFHA was honoured to join hands with the Bill & Melinda Gates Foundation. Through a two year Grant award, we set course to expand, lay foundations and strengthen the Rotary Family Health Day Program into 6 new countries in southern Africa in this first year. Fundamental to this was the advocacy, education, vaccination, and expansion of messaging around Polio. A huge focus is also placed on integrating gender intentional health service offerings and sustainable models through education and empowerment on healthcare knowledge within communities.

In addition, work has continued in reigniting and supporting all countries in which RFHA has been operating. We look forward to these reaching fruition in 2024 in a number of countries. Throughout this year, RFHA has continued to foster initiatives to strengthen and develop new partnerships and funding models. Organizational structures have been strengthened; Our monitoring and evaluation systems have been digitized; Solid marketing and communications systems have been developed and we have continued to raise our profile and awareness.

This report highlights important examples of the transformative effect of our work, and we need these stories to remind ourselves of the ability to impact on the lives of people when and where they need it most. To all the dedicated Rotarians, driven by service-leadership and volunteerism, your hands-on involvement, passion and belief allowed us to reach out to the most vulnerable populations and leave an indelible positive impact.

I am excited for what the future holds and confident that RFHA will continue to bring essential healthcare to many more communities where the need is so great.



H Dean Rohrs
Chair

RFHA has had a year of growth and added perspectives. The Board of Directors has expanded its skills and the experience of its members, and we have added an Operations Manager, Eric Kimani, to oversee all the individual African country operations. RFHA has not only strengthened itself by addressing its operational needs but has focused on its strategy and governance to meet the needs of the future. We have also improved our data collection mechanisms to enhance the Measurement and Evaluation of our program, as well as to provide this data to our partners, illustrating the success of the program.

Our partnerships with others have strengthened. The Bill & Melinda Gates Foundation Grant has given us the impetus to expand into new countries and plan for further development next year. The positive impact we are having in all the communities we serve, is significant – and we look forward to the next year of growth as we move into more new countries and challenges.

None of this could be done without the amazing RFHA team. My thanks go to all of them – the Directors, the Partners, the Operations Team, the various Governmental departments and officials and of course the hundreds of volunteers. A special thanks goes to RFHA's CEO – Sue Paget. Her calm during the storms and her bulldog tenacity to get the job done and grow our impact, cannot be measured. Thank you Sue for your commitment and your strength. There are thousands of beneficiaries in underserved communities that have benefited because of what you all have done.

"If you want to go fast – you go alone. If you want to go far – you go together".

And this is exactly what we have done. We still have a long way to go – but we are making huge progress. I look forward to seeing just how far we will go in the year ahead.

In 2022-23 we hit the ground running with new partnerships allowing us to co-fund Rotary Family Health Days (RFHD) in six African countries. This has been an exciting venture which has seen many more communities accessing essential medical services that would otherwise be beyond their reach.

Nigeria, with over a decade experience conducting RFHD, led the pack with great success. They had over 200 sites and delivered services to more than 260,000 people. Countries that have never held RFHD like Mozambique and Zambia held their inaugural health days with great support from the respective governments and local partners. At the time of writing this report, all countries have held their first interventions including Malawi, Zimbabwe, and Tanzania for the first time. Our Monitoring and Evaluations tell us that we are doing a great job reaching the needy with free medical services they would otherwise not have access to, and alleviating the burden of disease in these countries.

We look to continue this great work implementing subsequent health days in the new Rotary year with further expansions being considered to reach additional countries, and the foundations set in so many others. We have a proven and very successful model of addressing one of Rotary's seven areas of Focus - Disease Prevention and Treatment. RFHD also keep us at the forefront of the global fight against Polio as it remains a major focus of reach.

Our partners are our greatest strength. We pride ourselves on taking a dollar and leveraging it through partnership by 44 times. This is only possible because of the many global and local partners who work alongside us, healthcare personnel, Rotarians and other volunteers.

Looking ahead to next year and the near future, RFHA can only go to greater heights. We have ambitious plans to reach more countries and more communities with the support of all our stakeholders and partners on this initiative.

The RFHA Inc Board of Directors led by our able Chair, Dean Rohrs and CEO Sue Paget have provided us with all the support we needed to make 2022-23 a phenomenal success. We thank you.

The key to our success is our Country Program Coordinators (CPC) who head the individual country efforts. Without them there is no possibility that we can achieve half of what we do. They go beyond the call of duty. We are truly grateful to our CPCs. To all our stakeholders we say a big thank you.

A portrait of Eric Kimani, a middle-aged Black man with glasses, wearing a grey suit jacket over a white shirt. He is smiling slightly and looking towards the camera. The background is a solid blue color.

Eric Kimani

Africa Operations Committee
Chair

The past success of RFHD in India has been nothing short of remarkable, and it was truly a pleasure collaborating with the RFHA team before the pandemic. But because of COVID-19, we had to stop our operations for three whole years. Now, India is all set to start again and continue the good work.

We had done really well in the state of Madhya Pradesh before COVID, running successful RFHDs there. In 2016, nearly 70,000 citizens received free health screens, immunizations, obtained medicines and even follow up surgeries at 25 sites. Our goal is simple: to provide health care to those who really need it.

We are planning to organize medical camps at numerous locations across different Rotary districts in India. Specifically, we are looking to conduct medical camps for three days in January or February 2024, focusing on district 3040 in Madhya Pradesh. As the India Country Coordinator of RFHD, I am looking forward to collaborating again with the RFHA team to bring accessible healthcare to many communities here.

A portrait of Nitin Dafria, a middle-aged man with dark hair and a mustache, wearing a dark blue quilted jacket over a blue and white striped shirt. He is looking directly at the camera with a neutral expression. The background is a solid blue color.

Nitin Dafria

India Operations Committee
Chair

WHO WE ARE

The Rotary Action Group for Family Health & AIDS Prevention, Inc. (RFHA) is a global Rotary Action Group and mobilizing partner of Rotary International dedicated to disease prevention and treatment. RFHA is a proven program of scale that delivers preventative community health care in Africa. Our programs provide free multiple health screens, lifesaving immunizations, education on disease prevention and treatment, and referrals for follow-on care that would otherwise not be accessible. RFHA's direct impact is the strengthening of infrastructure on health care delivery systems worldwide. Headquartered in Atlanta, GA, USA, RFHA manages a pan-African network of Program Directors and teams in each country that facilitate program implementation and local relationships.

A message from our RFHA Board of Directors



Joan Firkins

Secretary and Vice Chair

I have been a member of RFHA since 2010 and have served as Board Chair and currently as Vice Chair and Secretary. In its own way, RFHA and Rotary Family Health Days serves to ensure health care services and immunizations are available to all children and families who require them. Given my life of privilege, I am proud to be a small part of this worthwhile Action Group.



Ginger A. Eads

Treasurer

It is a privilege to offer my vocational skills at the international level with the Rotary Action Group - RFHA. RFHA is the hands and feet of Rotary in the focus area of disease prevention and treatment. I am proud to be involved and work with other Rotarians across the globe to help facilitate this critical need in our global society. After being involved in Rotary at the local and district levels for many years, the chance to do something at the international level has opened my eyes to the needs around the world.



Brad Howard

Board member

The Rotary Action Group for Family Health & AIDS Prevention (RFHA) has a tremendous impact on communities in Africa and other areas of the world that are in dire need of improved health care. The Rotary Family Health Days concept has attracted powerful and vibrant partnerships with organizations that are amplifying our impact. RFHA is just now beginning to see the potential of what we can do to make lasting change in communities all over the world. Being a part of this process, with a team of remarkable fellow board members and RFHA staff, is one of the most fulfilling and enjoyable experiences. It allows me the ability to do something that makes a difference to people in need that I could never do on my own.



Victor Barnes

Board member

My entire career has been in support of education and public health, and the work of RFHA perfectly aligns with my continuing commitment to providing health care access to communities that would otherwise not have access to critical doctors, nurses, community healthcare workers and community support networks. Being a RFHA Board member allows me to contribute, in a small way, to the incredibly important work of RFHA, its Rotarian members and the communities they serve.



Dean Rohrs

Chair

Who knew where it would lead me when I received that phone call asking me if I would be interested in joining the Board of RFHA!! Now that I serve as President of this organization I can truthfully say that RFHA has brought joy to my life. It uplifts marginalized communities by giving them access to health services: it promotes community health and so contributes to the economy, and it brings peace and security to those who need it most.



Olajide Akeredolu

Board member

Each time I visit a site during a Rotary Family Health Days and see the crowd and their enthusiasm to access many of the services we offer, I feel reassured that RFHA is meeting a need, providing useful services and filling a gap in the healthcare system in many communities. RFHA has evolved into a key player in the delivery of preventative healthcare services in countries where we have operations. It is a blessing to be part of the intricate works that goes on behind the scenes to deliver the product the world sees as the Rotary Family Health Days.



Greg Podd

Board member

It is truly an honor and a privilege to serve as a Board member for the Rotary Action Group for Family Health and AIDS Prevention (RFHA). It has allowed me to have the incredible opportunity to work with one of the most dedicated and effective Chief Executive Officers I have ever worked with in Sue Paget. Our organization through its partnerships with the public and private sectors, NGOs and Rotary clubs is able to save and improve the lives of hundreds of thousands of children and families who lack access to preventative health care and education. We are truly making a significant difference in the well-being of individuals and countries in Africa and South Asia. I look forward to being a part of the team that advances the remarkable impact of RFHA in the future.



Greg Cryer

Board member

It was back in 2013 when I serving as Director General of our district when I was introduced to our founder Marion Bunch by our current CEO, Sue. The notion of rolling out Rotary Family Health Days was discussed and our district immediately got on board. As a polio survivor, any project related to the betterment of people, wellness and or disabilities has always been high on my personal agenda. Fast forward 13 years later and looking at the capacity and quality of the program, I am very proud to be a part of this impactful action group, and to share the platform and the experiences with the current dynamic board of directors.

**Safak Alpay**

Board member

When I was a Rotary International Director representing Africa, Middle East and Eastern Europe, I had the chance to visit a number of African countries and observed the crucial needs of families, especially children, in many communities. I was so happy to get the chance to serve as a RFHA Board member, to support the incredible and unique services that RFHA offer in the continent of Africa, which I love, and other countries too. Being a Board member of RFHA gives a golden opportunity to serve communities at a larger scale. I am proud to serve alongside other well experienced Board members to reach RFHA's goals.

**Bharat Pandya**

Board member

It is incredible to be a part of the RFHA Board. Through Rotary Family Health Days, RFHA's signature programme, we can help contribute towards better access to healthcare, healthier communities and in turn healthier lives. It is a great privilege to be a part of RFHA.

**Peter King**

Board member

Being on the Board enables me to use my legal skills to forge agreements with needy countries and to play a practical part in providing humanitarian and medical aid to those who need it, as well as to enhance the reputation of Rotary in its services to others and to promote the profile and value of RFHA.

**Bobbe Barnes**

Board member

Having a strong connection to Africa through working in many countries there, I am now inspired by working with the local Rotarians in fulfilling their mission in bringing hope to those without affordable health services. Their efforts and outcomes are motivating my desire to serve through Rotary's People of Action and RFHA.

RFHA BOARD ADVISORS



Dr John Philip
Board Advisor

As a Cadre Technical Advisor to the Board, I am pleased to see RFHA through its Family Health Days, expanding its reach and increasing its impact to meet the needs of those with no or limited access to basic health care. My good wishes for another successful year.



Sandy Thurman

Senior Advisor to the Division of Global HIV and Tuberculosis at the Centers for Disease Control & Prevention

It has been rewarding for me, both personally and professionally since 2004, to be part of creating and building a collaborative public/private partnership between the U.S. Government (through the CDC and USAID) and in-country governments, the private sector and media groups to fight the HIV/AIDS battle on Africa as well as create multiple disease prevention solutions. RFHA's Rotary Family Health Days Award-winning program that has served free health care to millions of underserved citizens is something for all of us to be proud of as we continue to expand it across the continent of Africa.

*Chief Strategy Officer
Office of the Global AIDS Coordinator*



Marion Bunch
Founder & Board Advisor

Founding Rotarians for Fighting AIDS in 2004 (later named Rotarians for Family Health & AIDS Prevention), and creating the Rotary Family Health Days program in 2011, was the most rewarding work I have ever done in my life. This work helped diminish the sorrow of losing my son Jerry to AIDS in 1994, and made me believe he lived on through the lives we touched in this program.



Peter Kyle

Board Advisor

I was drawn to RFHA because of the quality of its leadership and the scope and importance of its work in Africa. It proved to be one of my most interesting and worthwhile assignments in Rotary.



Dr Laura Kann
Board Advisor

Being involved with RFHA is one of the best ways I know to create hope in the world for a whole lot of people. I can't think of a better gift to give.



Larry Lunsford

Board Advisor

RFHA provides an opportunity to connect to, and provide solutions to, those in need around the world. I'm personally engaged with the global grants that support Rotary Family Health Days in Nigeria. It is great to know our Rotary Foundation funds are assisting in such a meaningful way.

WHAT WE DO

RFHA's signature program is Rotary Family Health Days (RFHD), a unique public/private partnership program that is currently in its twelfth year of operation. The three-day, integrated annual program provides holistic, comprehensive, preventative health programs both for communicable and non-communicable diseases.

The program leverages and inspires a significant force of humanitarian-driven volunteers through Rotary districts and clubs in multiple countries in Africa and in India.

Since the inception of Rotary Family Health Days in 2011, **over 3 million** beneficiaries have been offered over 12 million free health services.

RFHA provide free screening and testing, lifesaving immunizations, education on disease prevention and treatment, gender intentional awareness and referrals for follow-on care.

Rotary Family Health Days are the largest Rotarian-led program outside of Polio-Plus, administered by way of leveraging and inspiring a force of humanitarian-driven volunteers through Rotary Clubs.



This programme is executed for the community, in the community, by the community, with RFHA as the convenor. Since the program began in **2011** we have seen considerable growth; with the addition of many more partners, expansion into **16 countries** and an increased footprint for services offered globally.

For the years, 2018/19 (pre-covid), the Rotary Family Health Days program was valued at **\$44 million per year**, operating globally on a cash outlay of less than **\$1 million annually**.

Our goal is always to work towards a sustainable solution, which this program does in multiple ways:

By educating people about their health it means communities are empowered to look after themselves.

Mobilising and engaging Rotarians on the ground in individual countries who are driven to take action to create lasting change.

A photograph of a smiling woman with a red headscarf holding a baby. The woman is wearing a grey polo shirt and the baby is wearing a white shirt. They are outdoors against a blue sky background.**3M**

Beneficiaries have been offered over **12 million** free health services.

**\$44M**

is the value of the
**Rotary Family Health
Days** Program per year
(2018/19)

WHY WE DO IT

Our Goal, Mission & Vision

Half of the world's population cannot access affordable healthcare. RFHA's Rotary Family Health Days program bridges the gap.

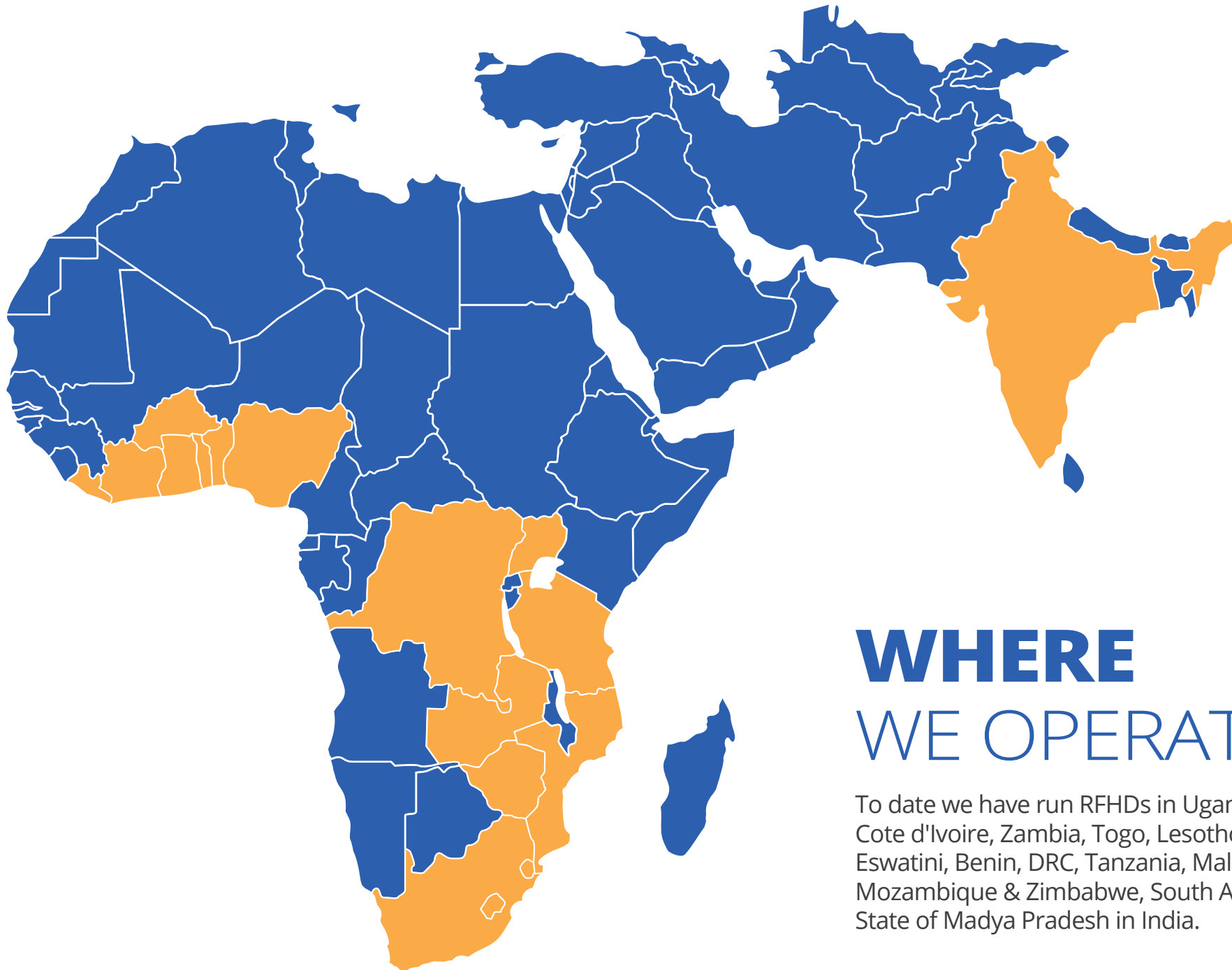
On top of this startling statistic, the previous few years has seen a global pandemic overshadowing other diseases. COVID-19 pandemic has severely impacted the control and prevention of programmes for both communicable and non diseases.

The Rotary Family Health Day Program is a significant contributor to Preventative Health Care. Ministers of Health in the countries in which we operate partner with RFHA with signed Letters of Intent in support of Rotary Family Health Days. Other partner organizations (media houses, private sector funders, NGO's etc.) do the same. It is now more than ever we need to be the vehicle which drives crucial essential support and change.



2+
YEARS

has seen a **global pandemic** overshadowing other diseases



WHERE WE OPERATE

To date we have run RFHDs in Uganda, Nigeria, Cote d'Ivoire, Zambia, Togo, Lesotho, Ghana, Eswatini, Benin, DRC, Tanzania, Malawi, Mozambique & Zimbabwe, South Africa and the State of Madhya Pradesh in India.

SERVICES OFFERED

At Rotary Family Health Days, RFHA works in partnership with the Ministries of Health in each particular country to determine the vital, cultural and local essential care needed and aligns to the country operational plan.

RFHA focuses on Health literacy and implementing sustainable solutions within the community. RFHA train community health workers, provide education on gender intentional issues, place a key focus on eradicating Polio, share information on the positive impact of vaccines, and provide health care screening and testing in preventative measures and follow on referrals to care.

Some of the Health Care Services offered at RFHD:

Screening/Testing/Referral to Care

HIV/AIDS, Tuberculosis, Cancers, Diabetes, Blood Pressure, Sexually Transmitted Infections, Hepatitis B and C, Cholesterol, Malaria, Nutritional State, Neglected Tropical Diseases.

Immunizations for Adults and Children

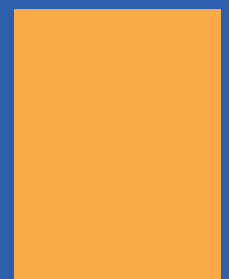
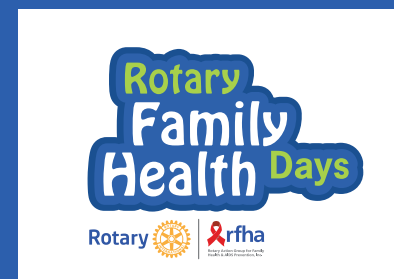
Polio, Measles, Rotavirus (Gastro), HPV (Human Papilloma Virus), Hepatitis B and C, Cholera, Covid-19, and Vitamin A supplements provided.

Educational Training & Counselling

Family Planning, Mental Health, Alcohol and Substance Abuse, Training of Community Health workers, Gender Intentional Awareness.

Other Services

Women's Healthcare, Ophthalmic Services, Distribution of Reading Glasses, Audiology Services, Dental services, Distribution of Mosquito Nets, De-worming.





\$44

MILLION

Services and materials are donated by
Rotarians, Governments, Private and NGO
partners - offering a

44:1

return on cash contributions.

RFHA IMPACT

Since its inception in 2011, the RFHD program has seen more than

3 Million

beneficiaries provided with over

12 Million

free health services. Those who need it, are referred for further treatment.

+69k

People have volunteered at Rotary Family Health Days sites between 2011 and 2020

19,000

Rotarians, Rotaractors and community volunteers



HOW WE DO IT: RAISING FUNDS AND ATTRACTING VOLUNTEERS AND PARTNERS

10 reasons why the RFHA model works

RFHA is the convening organization

Every partner donates their services

Partners do not compete

Integrated medical services are comprehensive and holistic

Participants trust the Rotary brand

The model is asset-light, with low capital expenditures

RFHA obtains external funding

RFHA delivers a large-scale nationwide program at multiple sites

Thousands of Rotarians working together during the course of the three days





The RFHD program leverages and inspires a massive force of humanitarian-driven volunteers through Rotary Clubs.

RFHA and its partners deliver a large-scale program at hundreds of sites across each country in which we operate, where thousands of Rotarians and partners **work together over the course of three days**.

Multiple services are offered at each facility. Upon registration, people from the community are directed to individual service tables.

If the client tests positive, they are either provided care on-site or given written instructions to a link to follow on care – **e.g. a government clinic or local hospital**

HOW WE MEASURE IT

A two-pronged Monitoring and Evaluation System has been developed by RFHA Inc., in collaboration with the Centres for Disease Control and Prevention and the South African National Department of Health.

- 01 Total number of people and age profile reached per site
- 02 Total number of people reached, per service, per Province
- 03 Total number of people that tested positive to an illness and how they were referred to follow on care

This data collection is a critical outcome of the campaign.

RFHA's team has also developed and implemented an Impact Analysis, occurring three months after the program roll-out, for proof of positive impact, link to care, geographical impact and sustainability.



OUR STAFF & VOLUNTEERS

A special word of appreciation must go to all our support team and volunteers – both Rotarians and community members.

Your dedication in implementing this massive public private partnership model in each country is immense.

The heart-warming stories from the RFHD sites remind us of the indelible impact RFHA is making in the lives of millions of people – over 12 million beneficiaries have been reached. You - our support team and volunteers - have demonstrated a level of compassion and determination that has inspired us all. You are the true heroes.

This commitment is all the more important as we look ahead to the vital role we will have to play to expand the reach of our program.

What we celebrate in this report is dedicated to you.



OUR PARTNERS

The Rotary brand enables us to partner with all sectors of society in countries where the health days take place - these include governments, private sector, media and civil society.

And through RFHA as the convenor, large multi-sector, multiple country, public-private partnership programmes can work powerfully in disease prevention and response.

To our partners, your support and shared vision have been instrumental in making RFHA a reality year after year.

We are immensely grateful and appreciative of your tangible support, guidance and vision and we look forward to working together in tackling health disparities and playing a role in bringing healthcare to all.

Together, we are transforming lives, one community at a time. Thank you!



2022-2023 IN NUMBERS

LOOKING BACK ON OUR IMPACT 2022-2023 RFHA YEAR

Our figures are so much more than numbers, they represent RFHA's incredible impact on the health of thousands of human beings.

In our RFHA year 2022 – 2023 we ran Rotary Family Health Days across Uganda, Mozambique, Tanzania, South Africa, Nigeria, Zambia, Malawi and Zimbabwe, sometimes with multiple RFHD per country. We also laid the foundation for future health days in many other countries, so the ground work is done for next year which we are so grateful for.

Without our incredible Rotarians, Staff, volunteers and partners this simply would not be possible. With this combined goal and vision, we were able to provide vital healthcare screenings, vaccinations, health education and a direct follow-up care plan where needed to thousands of people who otherwise would not have received it.

In total across the **8 countries**, we served **310,630 people** across **399 sites**, providing **1.66 million health services**, an average of **4.1 health services per person**. A special thank you to our **13,013 volunteers** who helped make this possible.

We are only getting started!





310,630

Total number of
people who received
health care



1,662,960

Total health care
services provided



4.1

Average number of
health care services per
person



399

Sites covered



194,859

Females seen



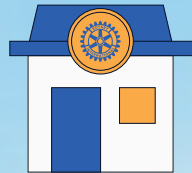
116,024

Males seen



13,013

Volunteers



649

Rotary clubs involved



22

Districts



Rotary Family Health Days



THE ROTARY FAMILY HEALTH DAYS

RFHA's signature program the Rotary Family Health Days have ran across 16 countries. The following highlights the 8 individual countries who ran RFHD in this 2022-2023 RFHA financial year, or whose results were captured during this time.

The RFHD bring vital care to the people within the communities, outside of normal service. They provide free screening, testing and referrals for communicable and non-communicable diseases, with a key focus on Polio, health education and sustainable systems with follow-on referrals to care.



Nigeria



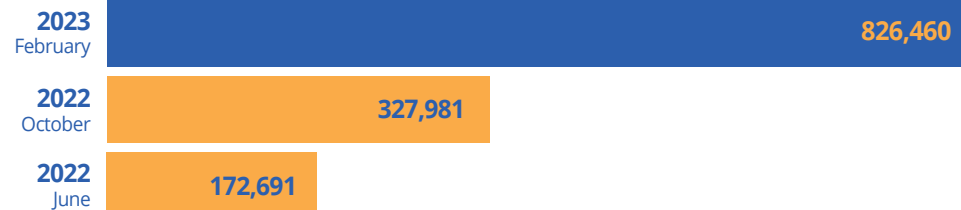
Bola Oyeade
Nigeria Country Coordinator

Region: West Africa

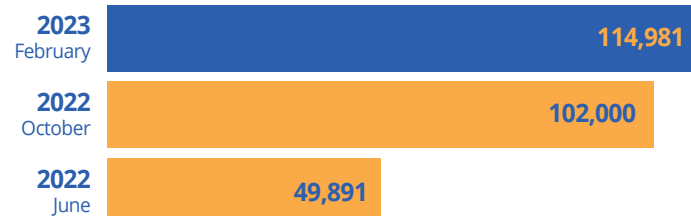
RFHA Inc Regional Director: Dr. Olajide Akeredolu

Africa Operations Chair: Eric Kimani

Health services offered



People Served



Overview of health challenges

Nigeria has one of the fastest growing populations in the world with on average 5.5 live births for each woman and an annual growth rate of 3.2%, it's estimated that its population will reach 440 million people by 2050. Its health indicators are among the worst in Africa, and with its rapidly growing population and development challenges, the country drags down the socioeconomic indicators for the entire African continent.

RFHD History

Rotary Family Health Days began in Nigeria in 2012 in Lagos State and Ogun State. The RFHA board agreed to scale up the programme in 2014 to include the whole country.

Partners

BILL & MELINDA
GATES foundation





1,327,132

Health services



10,286

Total volunteers



97,562

Males served



266,872

People served



280

Total sites

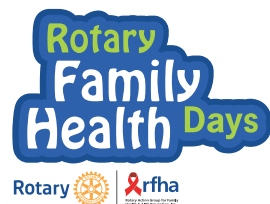


169,530

Females served



Zimbabwe



Sam Chikowore
Zimbabwe Country Coordinator

Region: Southern Africa

RFHA Inc Regional Director: Greg Cryer

Africa Operations Chair: Eric Kimani

Health services offered

2023
June/July

4,805

People Served

2023
June/July

2,922

Overview of health challenges

As per a recent USAID report, the top three health threats facing the people of Zimbabwe are HIV, tuberculosis (TB), and malaria. These diseases contribute significantly to maternal and childhood illness and deaths. While a rise in costs of living have affected the health system, the COVID-19 pandemic has piled more pressure on the country's healthcare system.

The Ministry of Health has developed a National Strategic Plan to address the issues, the objectives of which Rotary Family Health Days supports as the needs continue to grow.

RFHD History

Our Rotary family Health Days took place in Zimbabwe for the first time ever. With our new partnership opportunity with the Bill & Melinda Gates Foundation, the Health Days took place across 4 sites with 9 different clubs involved.

Partners

BILL & MELINDA
GATES foundation





4,805

Health services



108

Total volunteers



943

Males served



2,922

People served



4

Total sites



1,979

Females served

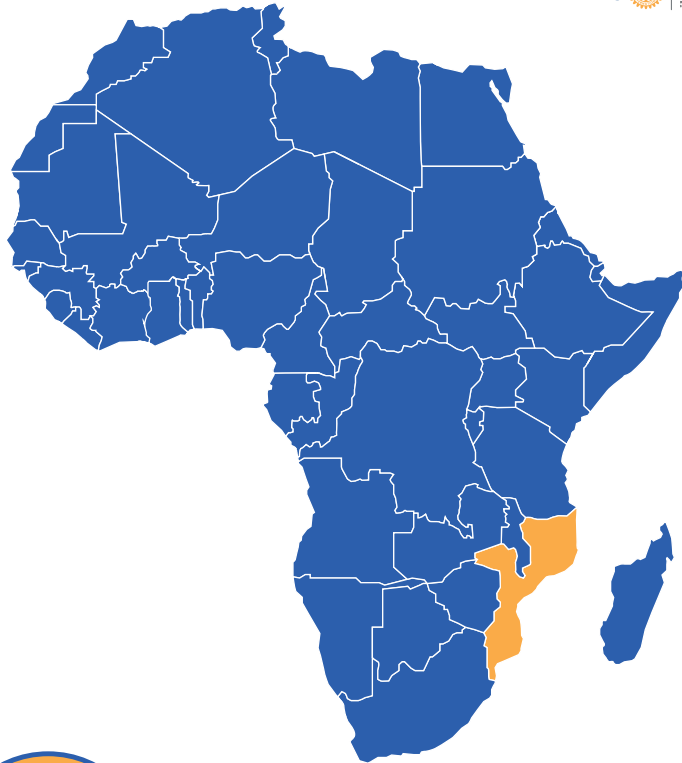
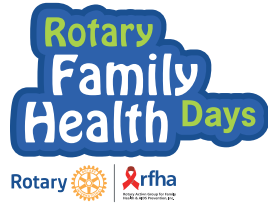


Rotary 

Rotaract 

Interact 

Mozambique



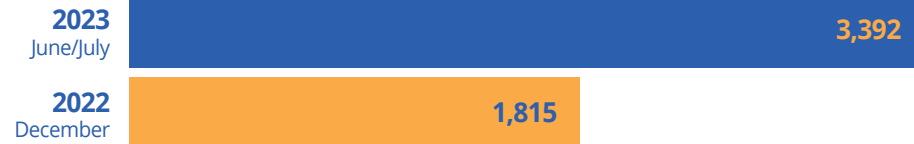
Gisela Bettencourt
Mozambique Country Coordinator

Region: Southern Africa

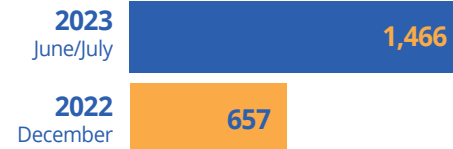
RFHA Inc Regional Director: Greg Cryer

Africa Operations Chair: Eric Kimani

Health services offered



People Served



Overview of health challenges

As per a recent CDC report, HIV is a leading cause of mortality and morbidity in Mozambique and affects 13% of the adult population. Based on 2020 data from the WHO and MOH, approximately 12,400 TB-related deaths occur in Mozambique each year. The HIV epidemic complicates the TB epidemic, with almost half of annual TB-related annual deaths occurring among people living with HIV.

RFHD History

Rotary Family Health Days took place for the first time ever in Mozambique in December 2022. With a new partnership opportunity with the Bill & Melinda Gates Foundation, the health days were launched on December 2nd 2022 and were held for two days. Further Health Days were held in June/July 2023 across a further two sites.

Partners

BILL & MELINDA
GATES foundation





5,207

Health services



318

Total volunteers



997

Males served



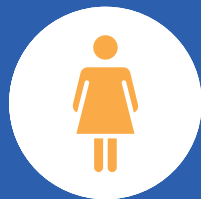
2,123

People served



4

Total sites

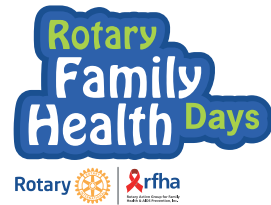


1,159

Females served



Zambia



Simon Bota
Zambia Country Coordinator

Region: Southern Africa

RFHA Inc Regional Director: Greg Cryer

Africa Operations Chair: Eric Kimani

Health services offered

2023
April

3,136

People Served

2023
April

1,535

Overview of health challenges

Zambia faces a double disease burden. There is high prevalence of communicable diseases including HIV/ Aids, tuberculosis (TB), malaria, diarrhoea and intestinal worms as well as rising incidence rates of non-communicable diseases such as diabetes mellitus, cancer and chronic respiratory disease. Poor sanitation, malnutrition, lack of education and infrastructure are some of key factors that leads to a poor healthcare system.

RFHD History

Rotary Family Health Days were launched in Zambia on World Malaria Day in April 2022. Thousands of people received free preventive care and treatment. With a new partnership opportunity with the Bill & Melinda Gates Foundation, a plan is underway to roll out additional health days in this region soon.

Partners

BILL & MELINDA
GATES foundation



Ministry of
Health



USAID
FROM THE AMERICAN PEOPLE



3,136

Health services



290

Total volunteers



1,056

Males served



1,535

People served



6

Total sites



1,535

Females served



Tanzania



Harish Bhatt
Tanzania Country Coordinator

Region: East Africa

RFHA Inc Regional Director: Greg Cryer

Africa Operations Chair: Eric Kimani

Health services offered

2023
July

36,266

People Served

2023
July

4,915

Overview of health challenges

Tanzania is challenged by high maternal mortality, child mortality, HIV/AIDS, pneumonia, and malaria. Its population also has one of the lowest rates of access to health personnel in the world.

Tanzania's risk of cross-border disease outbreak and epidemics is also high as it borders span eight countries, including the African Great Lakes region. The Ministry of Health, WHO and the CDC are actively serving in the country to address these issues, the objectives of which Rotary Family Health Days supports, as the needs continue to grow.

RFHD History

Rotary Family Health Days took place for the first time ever in Tanzania in 2023. With a new partnership opportunity with the Bill & Melinda Gates Foundation, the health days launched in July 2023.

Partners



BILL & MELINDA
GATES foundation





36,266

Health services



740

Total volunteers



2,037

Males served



4,915

People served



2

Total sites

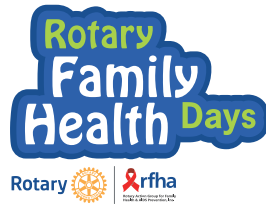


2,878

Females served



Uganda



Stephen Mwanje
Uganda Country Coordinator

Region: Southern Africa

RFHA Inc Regional Director: Greg Cryer

Africa Operations Chair: Eric Kimani

Health services offered

2023
April/May

264,073

People Served

2023
April/May

22,021

Overview of health challenges

Uganda's burden of disease is dominated by communicable diseases, which account for over 50% of morbidity and mortality. Malaria, HIV/AIDS, TB, and respiratory, diarrhoeal, epidemic-prone and vaccine-preventable diseases are the leading causes of illness and death.

Uganda was ahead of most African countries in providing free universal access to state health facilities beginning in 2001. This resulted in an 80% increase in visits, with over half coming from the poorest 20% of the population. However, serious access and delivery problems remain - including distance, transportation, bribery and low perceived quality of care.

RFHD History

In 2011, Rotary leader Stephen Mwanje, a Past District Governor in Uganda, envisioned all the Rotary clubs in Uganda "working together on a common cause." A year later, Rotary Family Health Days was launched in his nation and has been held every year since, with the exception of 2020.

Partners





264,073

Health services



601

Total volunteers



9449

Males served



22,021

People served



70

Total sites

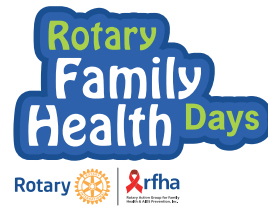


12,572

Females served



Malawi



Vincent Sikelo
Malawi Country Coordinator

Region: Southern Africa

RFHA Inc Regional Director: Greg Cryer

Africa Operations Chair: Eric Kimani

Health services offered

2023
March/April

13,960

People Served

2023
March/April

7,580

Overview of health challenges

According to a recent report by USAID, Malawi is a high-burden malaria country with an incidence rate of 332 cases annually per every 1,000 people. There is also a heavy burden of disease evidenced by high levels of child and adulthood mortality rates and high prevalence of diseases such as tuberculosis, malaria, HIV/AIDS and other tropical diseases.

The Ministry of Health, WHO and the CDC are actively working in Malawi to address these issues, the objectives of which Rotary Family Health Days supports, as the needs continue to grow.

RFHD History

Rotary Family Health Days took place for the first time ever in Malawi in 2023. With a new partnership opportunity with the Bill & Melinda Gates Foundation, the program launched in March, 2023.

Partners

BILL & MELINDA
GATES foundation





13,960

Health services



439

Total volunteers



3,658

Males served



7,580

People served



12

Total sites

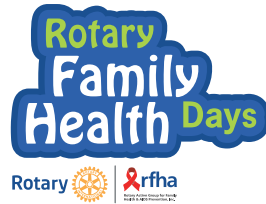


3,922

Females served



South Africa



Raj Ramchunder
South Africa Country Coordinator

Region: Southern Africa

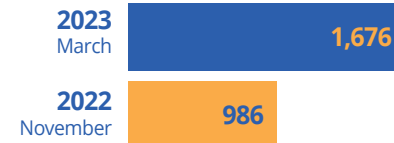
RFHA Inc Regional Director: Greg Cryer

Africa Operations Chair: Eric Kimani

Health services offered



People Served



Overview of health challenges

South Africa has the highest prevalence of HIV in the world. More than 5.6 million South Africans are living with HIV and the country suffers from what is known as a quadruple burden of disease in its communities. This, according to the Medical Research Council, is the impact of the combination of the effects of HIV/AIDS, underdevelopment, chronic diseases and trauma, related to unhealthy lifestyles, on the country.

RFHD History

The Rotary Family Health Days program was launched in South Africa in 2012. The Health Days have successfully run in South Africa for the last nine years, and are delivered through a powerful public private partnership which includes the National Government (the National Department of Health), the US Government through the Centres for Diseases Control and Prevention, USAID, media houses, Rotary Clubs and districts, the private sector, NGOs and civil society.

Partners



health

Department:
Health
REPUBLIC OF SOUTH AFRICA





8,381

Health services



231

Total volunteers



899

Males served



2,662

People served



21

Total sites



1,763

Females served



Gift of the Givers
FOUNDATION

STATEMENT OF FINANCIAL POSITION

The financial statements of RFHA are more than just about numbers . They represent RFHA's incredible impact on the health of thousands of human beings

ASSETS	
Current Assets	
Cash and cash equivalents	\$ 196,564
Preferred savings program	\$ 1,800,458
Country advances	\$ 111,854
Total Current Assets	\$ 2,108,876
Total Assets	\$ 2,108,876

LIABILITIES AND EQUITY	
Current liabilities	
Accounts Payable	\$ 15,000
Total Current Liabilities	\$ 15,000
Non-Current Liabilities	
Other non-current liabilities	\$ 95,000
Total Non - Current Liabilities	\$ 95,000
Equity	
Net Assets	\$ 2,010,132
Net Income (loss)	\$ -11,256
Total Equity	\$ 1,998,876
Total Liabilities and Net Assets	\$ 2,108,876



STATEMENT OF OPERATIONS

For the year ending June 30, 2023

	Total
Income	
Contributions	\$ 884,996
Total Income	\$ 884,996
Operating Expenses	
Personnel	\$ 75,707
Travel	\$ 44,257
Total Operating Expenses	\$ 119,964
Other Direct cost	
Marketing and communications	\$ 72,811
Monitoring and evaluation	\$ 29,172
Program management	\$ 612,445
Promotion	\$ 33,569
Workshop training	\$ 10,245
Total Other Direct Cost	\$ 758,242
Indirect Cost	\$ 18,504
Total Cost	\$ 896,710
Operating loss	\$ <11,714>
Other income	\$ 458
Net Income (loss)	\$ <11,256>

COST PER PERSON SERVED

Country	Program Management Other Direct Cost	Country Advances	Total Expected Cost	Individuals Served	Cost Per Person Served
Malawi	\$ 20,867	\$ 49,065	\$ 69,932	7,580	\$ 9.23
Mozambique	\$ 32,301	\$ 30,941	\$ 63,242	2,123	\$ 29.73
Nigeria	\$ 514,565		\$ 514,565	216,981	\$ 2.37
South Africa	\$ 1,251	\$ 2,309	\$ 3,560	2,662	\$ 1.34
Zambia				1,535	
Zimbabwe	\$ 43,461	\$ 29,539	\$ 73,000	2,922	\$ 24.98
Sub Total (current Year)	\$ 612,445	\$ 111, 854	\$ 724,299		
Tanzania*				5,000	
Nigeria**	\$ 127,200		\$ 127,200	49,891	\$ 2.55
Uganda**	\$ 38,250		\$ 38,250	22,021	\$ 1.74
Grand Total	\$ 777,895	\$ 111, 854	\$ 889,749	310,715	\$ 2.86

* Cost incurred in prior year; Individuals served in current year

**Cost funded by Global grant; Individuals served in current year



CONCLUSION

Looking Ahead to the Future !



Sue Paget
CEO

I am excited for the opportunities that lie ahead!

In the coming year, RFHA Inc will strategically enhance its regional presence through controlled growth of scope and scale, securing quality, expanding resources as well as strengthening and diversifying partnerships. Access to healthcare is a human right that half of the world's population is denied.

In acknowledging this reality, we will continue to play a meaningful role in building healthy, sustainable and resilient communities across Africa by providing integrated and inclusive preventative health interventions to children and communities who lack access to essential health services, information and health education.

Our collective efforts have already touched the lives of millions, bringing hope and healing to so many.

Let's put our heads together to further inspire action, create hope and contribute to strengthening healthcare systems within the communities we serve.

Thank you.

