



ROTARIANS FOR FAMILY HEALTH AND AIDS PREVENTION INC

ROTARIANS FOR FAMILY HEALTH AND AIDS PREVENTION (RFHA) REPORT OF THE 2014 ROTARY FAMILY HEALTH DAYS (RFHD) ROTARY INTERNATIONAL DISTRICT 9110 NIGERIA HELD THURSDAY 24TH TO SATURDAY 26TH APRIL 2014

The 2014 Rotary Family Health Days held across the three (3) Rotary International Districts in Nigeria (Districts 9110, 9125 and 9140; which covers the entire 36 States of the Federal Republic of Nigeria and the Federal Capital Territory, Abuja). It is the third edition since the first and second edition held only in District 9110 (covering only two (2) States (Lagos and Ogun States) in Nigeria.

The 2014 Rotary Family Health Days was with the approval of the RFHA board of directors, the RFHA leadership in Nigeria and Rotary International Districts 9110, 9125 and 9140 after the success of the 2012 event which was held in Lagos State on FRIDAY AND SATURDAY JUNE 1 and 2, 2012 and in Abeokuta, Ogun State on SATURDAY JUNE 9, 2012, while the 2013 event took place in Lagos, Abeokuta, Sagamu, Isara and Ijebu-Ode on May 9 - 11, 2013 and another round on May 17, 2013 in Abeokuta, Ogun State.

PLANNING

Planning for the 2014 Rotary Family Health Days commenced in October 2013 with setting up of a Strategic Team. Several planning meetings were held within the period while contact and communication with Program Sponsors, Partners and Cooperating Organization followed

Coordination of plans, meetings with the Federal Ministry of Health, Lagos, Ogun and other States' Governments and relevant Agencies including our Program Partners and Cooperating Organizations was scheduled from Lagos. Also some of the Program Materials were acquired in Lagos deployed to the District Coordinators, while funds for the purchase of others were sent to them through

COORDINATING TEAMS

The Following Committees were set up for effective coordination of the 2014 Rotary Family Health Days (RFHD) at National, Districts, States and Club Levels:

1. **Central Coordinating Committee:** Consist of RFHA International and RFHA Nigeria Officers and some Non-Rotarian Partners. Set up to plan and coordinate the program pan Nigeria, liaise and meet with Program Sponsors, Partners and Collaborators. Also get up-to-date reports from District, State and Clubs Coordinators.
2. **District Coordinating Committee:** Members were appointed by the District Governors and includes State Coordinators and RFHA members in the District. They are responsible for the coordination of the implementation of the program plans and served as

communication link between Central Coordinating Committee and the Participating Clubs throughout 2014 RFHD.

3. **State Coordinators:** Appointed by the District Governors They are responsible for the coordination of the implementation of the program plans and serve as communication link between District Coordinating Committee and the Participating Clubs throughout 2014 RFHD.

4. **Clubs RFHD Committee:** Minimum of a 3-Member Committee set up by all Participating Clubs in partial fulfilment of the requirements for participation 2014 RFHD. They are saddled with responsibility of securing the location for proposed club's site for 2014 RFHD. They are also responsible for the coordination of the implementation of the program plans and serve as communication link between District Coordinating Committee and the Participating Clubs throughout 2014 RFHD through the State Coordinators.

MATERIALS

The Federal Government through the Federal Ministry of Health (FMOH) supported the program with 200,000 strips of Male Condoms and 100,000 strips of Female Condoms and Society for Family Health (SFH) also gave Malaria Test Kits (RDT) 100,000 units. Funds was sent to the District Coordinators to purchase these materials- Cotton Wool, Methylated Spirit, Disposable Gloves, Lancet (645 Boxes- at least 1per site) and OTC Drugs e.g. Vitamin C, Paracetamol, etc

The following other items were purchased and distributed amongst the 3 Districts:

Insecticide Treated mosquito Nets (ITNs) 7000 PCS

ACCU-CHECK Glucometer 100

ACCU-CHECK Test Strips 1000 PACKS (50,000 STRIPS)

Worm Expellers 20000

Sanitary Towels 12,000

T-shirts General- 3500, Special- 400

Banners (printed for All Sites)

Posters 15,000 pieces

Flyers 30,000

Roll-up 9

THE EVENT

The event finally took place in Rotary International District 9110 as scheduled and there were three hub centers in Lagos and one in Abeokuta with a total of 81 Sites and 15 Schools. The event took place in 35 Sites in District 9125 and 38 Sites in District 9140.

The Rotarians for Family Health and AIDS Prevention (RFHA) is a Rotarian Action Group of Rotary International. Its goal is to provide succor to children afflicted with HIV and AIDS and their relatives that might suffer as a result of their status. In the first six years of its existence, Rotarians For Fighting AIDS (RFFA), as it was then known, gave care and support to over 5000 children orphaned because of the effects of HIV by paying their school fees, giving school support, nutrition and regular psycho-social support. The 2012 event went beyond just taking care of children affected by the AIDS pandemic by including other medical screenings and tests in order to bring many more people to know their HIV status and general health conditions and refer those testing positive for treatment. We set out to reach 40000 citizens of Lagos and Ogun States of Nigeria (the geographical boundaries of Rotary District 9110). We eventually provided service to about 38000 people. The program is intended to address the Millennium Development Goal no 6 and some Rotary International Areas of Focus like Maternal and Child Health and Disease Prevention and Control

PROBLEM STATEMENT

Nigeria accounts for about 10% of the HIV/AIDS burden in the world. With over 3 million of her citizens being zero-positive and a HIV prevalence of about 4%, Nigeria still has the 2nd highest burden of HIV infection in sub-Sahara Africa. The country is now home to a growing number of orphans and vulnerable children due to the disease. Responses to the plight of the Orphans and Vulnerable Children (OVC) fall heavily upon extended family networks. With increasing numbers of the OVC, the traditional social safety nets are being over-stretched and the capacity and resources of family members, many of whom are already impoverished themselves, are thinning out. Furthermore, Nigeria is still a polio endemic country though new infections are very low and keep going down. The virus is now concentrated in the northern part but immunization exercises are still conducted all over the country. Besides, medical assistance to the general family members is inadequate as it is only the healthy ones that can adequately take care of the sick. Therefore it is pertinent to have the whole family members know the status of their health so that by taking care of themselves through referrals to health care centers and getting well, we help to strengthen the health capacity of the families to care for and support the children including the OVC. These other health services being provided help motivate everyone in the family to attend, thereby, increasing the number of reach for HIV testing and counseling and polio immunization

PROJECT GOAL

To increase the number of people who know their HIV status, thus give support and boost both prevention and treatment and to offer other family health related services.

PROGRAM OBJECTIVES

- To effectively sensitize, mobilize and engage the community to ensure significant participation in the HIV Counseling and Testing (HCT).
- Test and counsel about 200,000 people in Nigeria
- Set up at least 150 sites for the tests and screening
- Offer information and related materials for various diseases and conditions.
- Refer those testing positive for appropriate care, support and treatment services
- Carry out testing and screening for other infections and diseases.
- Mobilize volunteers from Rotary, Rotary Community Corps and our communities for the events
- Seek support of RFFA's partner, The Coca-Cola Africa Foundation, States Ministry of Health, the Federal Government and the US Centres for Disease Control and Prevention etc.

PROGRAM SPONSORS

- The Coca-Cola Africa Foundation (TCCAF)
- Rotary International District 9110
- Rotary International District 9125
- Rotary International District 9140
- Coca-Cola Company, Nigeria

PROGRAM PARTNERS

- CDC (Centers for Disease Control and Prevention)

OTHER COOPERATING ORGANIZATIONS

- Federal Ministry of Health
- Ogun State Ministry of Health
- Lagos State Ministry of Health
- Kaduna State Government
- Society for Family Health
- Olaniba Memorial Hospital

PROGRAM PLANNING

Having received the full consent of the Rotary District Governor and Rotary leadership, the following action steps were taken:

1. RFFA members met and chose a 12-member implementation committee to see the program through
2. Each of the 267 Rotary clubs was requested to set up a 3-member committee for the program at club level
3. At least 10 members of each club signed up to participate
4. Rotaract clubs pledged their support
5. Rotary clubs set up testing sites and RFHA and the Rotary Districts prepared three hub sites each.
6. The RFHA implementation committee held several strategy meetings
7. Mobilization of clubs and Rotarians was made through club visits, District/RFHA memo to clubs and talks at various Rotary seminars, workshops and training sessions
8. Meetings were held with major Program Partners: Coca-Cola, USAID, and Centers for Disease Control and Prevention (CDC). They were requested to transport the HTC services and support of their NGO partners to Rotary for the program.
9. We requested the help of Coca-Cola, Nigeria for a media plan.
10. The Federal Ministry of Health and the Ministries of Health in many States were intimated of the program and several meetings were held with them. They were requested to mobilize community citizens to come out for the event at the various sites, permit Rotary to use government health facilities as sites for the tests, make supplies of treated mosquito nets, sanitary pads and condoms from their stock, and deploy some nursing and technical personnel to Rotary for the program.
11. Rotarians and the Family of Rotary volunteered their time to supervise the activities and manage the sites.

12. Two training and information sessions were organized for representatives of Rotary clubs
13. Training of government health workers and Rotarians on testing, immunizations and counseling was held
14. 10000 Fliers, 5000 posters, 3900 T-shirts and various IEC materials from government agencies and NGOs were to be provided.

WHAT TOOK PLACE

FREE:

- HIV Testing and Counseling (HTC)
- Tuberculosis screening
- De-worming for children and vitamin A supplement
- Breast and Cervical cancer screening
- Distribution of sanitary towels
- Malaria screening and Mosquito nets distribution
- Blood pressure testing
- Polio Immunization
- Dental Care
- Cholesterol checks
- Family counseling and condom distribution
- Eye tests
- Tetanus examination
- General pharmacy
- General medical checks

WHAT WAS ACHIEVED

The event took place as scheduled in the three (3) Rotary Districts in Nigeria on Thursday 24th to Saturday 26th April 2014. In Rotary International District 9110, the 2014 Rotary Family Health Days (RFHD) was held in Lagos, Abeokuta, Sagamu, Isara and Ijebu-Ode on April 24 - 26, 2014 and another round on May 15 and 16, 2014 in Abeokuta, Ogun State.

Of the 23 States in Rotary District 9125, it took place in Kaduna, Benue and Plateau States and Abuja, the Federal Capital Territory (FCT). with 35 Sites by 30 Rotary Clubs, while in Rotary District 9140, it was held in 38 sites organized by 35 Rotary Clubs in 9 States.

Find below detailed data of participation and services rendered pan Nigeria during the 2014 Rotary Family Health Days held in 154 Sites and 15 Schools organized by 125 Rotary Clubs and 1 Rotaract Club from the three (3) Districts in Nigeria:

	D9110	D9125	D9140		TOTAL
Number of clubs in the district	82	80	105		267
Number of Participating Rotary Club	62	30	35		125
Number of Rotaract Clubs:	1	-	-		1
Number of Testing Sites: sites	81	35	38		154
Schools	15	-	-		15
Rotarians Volunteers	725	105	736		1566
Rotaractors Volunteers	135		1050		
Non-Rotarian Medical Volunteers	478	-	323		
Total Attendance	63115	16450	61291		140856
SERVICES RENDERED					
Family Counselling	45566	14500	17176		77242
HIV Test	34623	15685	3537		53845
Number of Referrals	45	20	24		89
Malaria Screening- RDT	63139	15800	9005		87944
Malaria Treatment- ACT	9756	600	3336		13692
Cholesterol Checks	205	-	-		205
Glucose level testing	35000	14000	4606		53606
Blood Pressure Check	49670	14500	11081		75251
Sanitary Towels distributed	12956	2000	1788		16744
Deworming of Children	15967	3155	5304		24426
Vitamin A supplement	2670	-	-		2670
Eye Screening	6455	200	136		6790
Eye Surgeries	-	-	-		-
Tuberculosis Tests	79	-	-		75
Polio immunization	6500	-	194		6694
Cervical cancer screening	65	-	15		80
Breast Cancer screening	75	-	-		75
Prostate Cancer Screening	34	-	-		34
Nutrition Counseling	554	-	1836		2390
Dental Care	67	500	19		586
Condoms distributed	54744	14000	19550		88294
ITN Distribution	9566	2500	4819		16885
Crutches/Walkers/Walking Sticks	-	200	-		200
Tetanus Examination	15	-	-		15

Support for the event was very encouraging:

- The Coca-Cola Africa Foundation provided funding for mobilization and logistics which ensured that the program took place.
- The CDC requested and obtained the services and the support of their NGO partners. The NGO partners came and were very active in providing counseling, testing, screening and supply of materials to various sites
- Coca-Cola Nigeria, through its Public Affairs Department provided advice and support for a media plan. An advertising agency, whose professional fee was paid by Coca-Cola, was nominated to organize a press conference, publish announcements in the newspapers and carry messages on radio and television

- Rotary District 9110 was very generous in giving us free space in the District Governor's Newsletters monthly publications to announce and preview the event; we had ample opportunities to speak at district events and seminars.
- The District Governor fielded questions at the press conference/launch and together with the CDC and government representatives flagged off the event at a very impressive launch event on April 23, 2014. The same event took place in Kaduna, District 9125.
- The Federal Ministry supported the program with supplies of thousands of male and female condoms
- The Society for Family Health supported with supplies of Malaria testing Kits and assisted in securing the purchase of the Insecticide Treated Nets.
- The Lagos State Primary Healthcare Board sent health workers to the field and helped with polio immunization. The Permanent Secretary of the ministry of health and the Chair of the State Primary Healthcare Board represented the State at the Launch event.
- The Kaduna State Government gave logistic support and approval to use the state government owned facilities during the event, while the wife of the State Governor was on hand to formally flag-off the program formally and ensured other top Government Officials participated in the event.

The 2014 Rotary Family Health Days was another great experience for Nigeria RFHA members and Rotarians in general. It took a lot of time, work, discussions and other human resources to get the program off the ground. But it was a fulfilling task as we were able to reach the many people that we got given all the challenges of the rainy season. We were also able, through participating NGOs, to refer those tested positive for treatment and care.

ACKNOWLEDGEMENT

The entire members of RFHA Nigeria and Rotarians of Rotary Districts 9110, 9125 and 9140 Nigeria and RFHA are very grateful for the support and services of the following without which the event could not have achieved the modest success mentioned:

- RFHA board and its Founder, Marion Bunch
- RI District Governors of Districts 9110, 9125 and 9140 in Nigeria
- The Coca-Cola Africa Foundation
- Coca-Cola Nigeria
- CDC led by Dr Okey Nwanyanwu (also Anthonia Aina and Abiola Mukta)
- Nigeria National PolioPlus Committee of Rotary International
- Society for Family Health
- APIN and Bunmi Amao
- Institute of Human Virology (IHV) Nigeria
- The Federal Ministry of Health
- Lagos State Ministry of Health and its AIDS Control Agency (LSACA)
- Ogun State Ministry of Health and its AIDS Control Department
- The Malaria Consortium
- Health Life Consult and Dr Sandra
- Olaniba Memorial Specialist Hospital
- C & F Porter Novelli Advertising Agency
- President and members, Rotary Club of Lagos Palmgrove Estate
- Rotarian doctors and nurses
- Dr. Giwa of Beemag Hospitals
- The entire RFHA Nigeria members
- All the Family of Rotary Volunteers