



ROTARY FAMILY HEALTH DAYS (RFHD)

PROGRAM SUMMARY

13 – 15 February 2025

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Executive Summary

The February 2025 Rotary Family Health Days was the second to be executed in the Rotary year 2024 – 2025. It is the first to be sponsored by The Bill and Melinda Gates Foundation after the first in the year fully sponsored by The Rotary Foundation of Rotary International. The Intervention was organized all over the country with the participation of Rotarians, Rotaractors, Interactors, Inner Wheel clubs, numerous partners of which the Federal and State Governments were part of. Local Non-Governmental organizations also joined in supporting the program for the achievement of its goals. The funding of the program by the Bill and Melinda Gates Foundation further gave assurance of the confidence of the Foundation in the program. With this intervention, members of the over one hundred communities in Nigeria are happy that they are receiving free medical checks, screening, vaccination and referrals.

Through this intervention, the image of Rotary in the over one Hundred communities has increased. We are confident that in the near future more people will join Rotary.

We hope that there will be more opportunity for the program to be held more than just two times in the year. Some of the recipients of the program are likely to be reached more especially in more remote locations. The popularity of the program has also increased more than the last edition in October, 2024. The program which was held across all six Rotary International districts in Nigeria viz, Districts 9111, 9112, 9126, 9127, 9141, and 9142 therefore witnessed more acceptance by the people of various communities.

Historical Background

Rotary Family Health Days began in Nigeria with the 2012 event which was held in Lagos State on 1st and 2nd June 2012 and in Ogun State on Saturday June 9, 2012. The 2013 event took place in Lagos State local government areas and in Ogun State at Abeokuta, Sagamu, Isara and Ijebu- Ode on May 11, 2013, and another round in Abeokuta on May 17, 2013. The RFHA board agreed to the scaling up of the program in Nigeria in 2014 to cover the whole country. Consequently, all the then three Rotary districts in Nigeria-D9110, D9125 and D9140 held health camps in their various communities on April 24- 26, 2014. The outcome was good and showed that the decision to cover the entire country of Nigeria was a wise one. In 2014 Nigeria recorded 140,856 attendances: 90,875 in 2015 and 140,918 in 2016. Also, since 2016 Nigeria added Hepatitis B and hepatitis C screening to its services, this was further activated in the 2019 and the 2020 program. The 2020 program was able to record about 140,000 attendances while the June 2022 program had 49,891 registrants. This low figure is associated with the available fund for the program versus the number of days employed to activate the program which was two as against the regular three days

Acceptance of the program has increased tremendously over the past twelve years due to much publicity given to it through our robust working relationship and great work with public relations consultants like, Core Prime Ad Concept and other local Public Relations organizations with increased materials and logistics support from our key program partners especially the Nigeria Federal Ministry of Health. The support from the Federal ministry of Health has been very

beneficial to the RFHD program as it signifies official acceptance of RFHD as one of the important health programs in Nigeria. The Federal Ministry of Health officially sends information and directives to State Ministries of Health and the Primary HealthCare Centers all over the country to work with Rotary on the RFHD as they do during Polio, Malaria and other health programs which Rotary spearheads. The US Centers for Disease Prevention and Control and the USAID gives adequate information, logistics support and request their Implementing Partners to work with RFHA on its RFHD sites.

Funding for the October 2024 program came fully from Rotary dedicated Global Grant model, Thus various Districts of the Rotary world participated in funding the program including an individual from District 9110, Nigeria. This is coming for the first time after the Bill and Melinda Gate Foundation sponsorship of the last four editions since 2022. No other organization funded the program. Notwithstanding there were supports from The Federal Government of Nigeria and most State Governments where the program took place, Local governments and local NGOs that supported in kinds especially through human capital for little honourarium.

The proof of concept and sustainability of the program has long been established, this edition therefore relied on it. The Rotary Foundation of Rotary International regularly send members of the Cadre of Technical Advisers to audit the various yearly program. The last sent being in February 2024. The evaluation was conducted spanning a period of one week. The TRF Cadre was able to speak with key role participants in the program, visited some sites and had a long session with the M & E Consultants who was able to give good insight to the process of data collection and processing. She had no known reservation about the program. Her report was duly submitted to the Rotary Foundation of Rotary International.

In recent times and particularly from the October 2022 Intervention, a new funding model was introduced. The Bill and Malinda Gates Foundation supported fully in sponsoring the program. Since then there have been a total of six programs, five of which were fully sponsored by the Bill and Melinda Gates Foundation including this edition

Background

Rotary Action Group for Family Health & AIDS Prevention Inc.
(RFHA)

Strategic Vision

To save and improve lives through community-based healthcare.

Strategic Mission

To facilitate expanded access to quality, community-based healthcare services, including the prevention and treatment of HIV/AIDS.

Who RFHA is: The Rotary Action Group for Family Health & AIDS Prevention, Inc.

(RFHA) is a global Rotary Action Group and mobilizing partner of Rotary International dedicated to disease prevention and treatment. RFHA delivers a proven program of scale addressing preventative community health care screening in Africa. Our programs provide free multiple health screens, life-saving immunizations, education on disease prevention and treatment, gender intentional services and information and referrals for follow-on care that would otherwise not be accessible. RFHA's direct impact is the strengthening of infrastructure on health care delivery systems worldwide. Headquartered in Atlanta, GA, USA, RFHA manages a pan-African network of Program Coordinators and teams in each country that facilitate program implementation and local relationships.

RFHA is currently integrating a gender-intentional component across the organization and its programs. The objective is to promote gender equality within RFHA and its flagship program by implementing gender-responsive initiatives and fostering a supportive environment that promotes gender equality for women, men, young girls, young boys and marginalized communities accessing health interventions.

What RFHA does: RFHA's signature program is **Rotary Family Health Days (RFHD)**, a unique public/private partnership program that is currently in its thirteenth year of operation. The three-day, community driven, integrated annual program provides holistic, comprehensive, preventive health programs both for communicable and non-communicable diseases. The program leverages and inspires a significant force of humanitarian-driven volunteers through Rotary clubs in multiple countries in Africa. Since the inception of Rotary Family Health Days in 2011, over **3,5 million beneficiaries have been offered over 13 million free health services.**

The Rotary Family Health Day Program is a significant contributor to **Preventative Health Care.** Ministers of Health in the countries in which we operate partner with RFHA with signed Letters of Intent in support of Rotary Family Health Days. Other partner organizations (media houses, private sector funders, NGO's etc.) do the same.

RFHA's role in the program is to act as the lynchpin organization, to initiate the program, obtain partner organizations and funding sources, and to coordinate the work with all implementing partners leading up to and over the three-day event. RFHA further provides mechanisms, tools, platforms and training to assist the four Rotary Districts and numerous Clubs in Nigerian to roll out the RFHD Program as well as develop a comprehensive Media and Communications strategy delivered through a dedicated Media Team. This was done successfully over the years and are continually being built upon.

Rotary Family Health Days: A Public Private Partnership

The Rotary Family Health Days is the signature program of the Rotarian Action Group, Rotarians for Family Health & AIDS Prevention Inc (RFHA). It is a unique public/private partnership program that is currently in its thirteenth year of operation. This three-day annual program provides holistic, comprehensive preventive health screenings and testing (both communicable and non-communicable) diseases by way of leveraging and inspiring a massive force of humanitarian-driven Rotarians and partners. Through this program, tens of thousands of people are served in mostly under-privileged communities in some countries in East Africa, South Africa, West Africa and India.

The services include free life-long immunizations to children, such as polio and measles vaccines and comprehensive life-saving annual health screens, counselling, testing and referrals for HIV/AIDS, Tuberculosis, diabetes, hypertension, malaria, and some cancers. It also includes deworming of children, vitamin A supplementation administration and immunizations for polio.

Other services like eye and dental examinations are included at almost all locations. Health counselling, education and referrals for follow-on care are provided as well. Distribution of insecticide treated mosquito nets, male and female condoms, hygiene packs, birth delivery kits, dental cleaning supplies and other materials are also offered to clients in areas of need and availability.

In 2018 this three-day campaign operated about 500 health camps through the efforts of over 400 Rotary Clubs and 5,000+ Rotarians, Rotaractors, and community volunteers. The sites were located across Nigeria, South Africa, Ghana, Cote d'Ivoire, Togo, Benin, and Uganda. Services were delivered to 423,795 patients.

In Nigeria, the program is Rotary led together with our valued partners which include the Nigeria Federal Ministry of Health, the four Rotary Districts in Nigeria, local NGOs, our media partners and the Measurement and Evaluation partners, Zimi Community Good Health Initiative, etc.

The February 2025 RFHD Program was fully funded by the Bill and Melinda Gates Foundation with the support of The Federal Ministry of Health, States Ministries of Health, Primary Health Centers and Local NGOs, we also had huge technical support from RFHA inc. The local partners all provided personnel and material support to the best of their capabilities.

RFHD Program Model - Nigeria

Primary Partners and Funders

- Rotary Family Health and Aids Prevention (RFHA) – a Rotary International Action Group
- Bill and Melinda Gates Foundation – Main funder
- Nigerian Federal Ministry of Health
- States Primary Health Centre
- Local NGOs

February 2025 Health Days

The February 2025 Rotary Family Health days was the fifth in the series of direct funding from The Bill and Melinda Gates Foundation. It was held for three days (13th February to 15th February 2025) all over Nigeria. This mode of funding comes as the fifth of six interventions in Nigeria by the Bill and Melinda Gates Foundation. The planning and execution however took largely similar strategy as previous programs. Regardless of this, there was special dedication and concentration of vaccination of children against polio. The team once again worked with the Nigerian National Polio Plus Committee who supported with ideas to beef up with our resources. The team also had to work specially with the Federal Ministry of Health and various States Ministry of Health, pulling direct support from the department on vaccination. The program also considered Covid test and vaccination.

The demand for COVID-19 pandemic related items had to be considered in this intervention as they remain relevant, they were therefore included in the list of items purchased and distributed. In the planning of the February 2025 Rotary Family Health Days across Nigeria could be said to have commenced few weeks after the execution of the October 2024 edition. The National Planning Committee held series of meetings with various partners. The meeting of National Steering committee comprising the National Coordinator, District coordinators, Team Leads, Field workers, Local Authority leaders, Government personnel at various levels, local, State and National. We also communicated with all the District Governors and got their buy-in for the program. The District Governors had earlier nominated their District Representatives and working with them did not pose any challenge. Periodic strategic visits were made to community leaders whose supports were required in convincing their people to participate.

We had two prominent official launches, one in Lagos, District 9111 and the other at Port-Harcourt, Rivers State, District 91. At both launches we had the privilege of having the presence of the District Governor (in District 9111 – Oluwole Kukoyi) and District Governor (District 9141 – Chinedu). Both also had the presence of some Past District Governors, Government officials numerous Rotarians, Partners and members of the Press. Others present includes RFHA

Director, PDG Jide Akeredolu, (District 9111), Nigeria and Rotaractors, members of the Press, government officials and local partners.

Both launch events were quite successful and were able to meet the goals of the launch which essentially was to create further awareness for the program within the local people and the world at large. The press interviewed key participants and publicized the same in some National Newspapers, The National Television and National and Local Radio stations

The meetings with the Federal and State Ministry of Health and local Primary Health centers were scheduled early.

Funding came in time to afford better planning. This also afforded the removal of periodic pressure on the program management team especially with suppliers and vendors of medical supplies and other materials. It also afforded an ease on the time for nationwide transportation and delivery of materials to various locations.

Procurement of Materials

We maintained the central procurement of materials. The advantage of this cannot be over emphasized as it allows for uniformity of materials and easy collection during supplies. As a result, all supplies were centrally procured by the Central Planning Committee to ensure the quality and standard of supplies and they were dispatched to the various Rotary District Coordinators through registered private dispatch logistics services providers. Most of the suppliers and vendors used were regular, preferred and verified contacts who had in past and currently granted credit facilities to the program. We however bench marked their quoted prices with prices of other suppliers and vendors with a view to bargaining a most realistic price. Some new suppliers were also enrolled.

Coordinating Teams

The following committees were set up for effective coordination of the February 2025 Rotary Family Health Days at the national, district, state and club levels:

- 1. National Steering Committee**

Consisting of RFHA Nigeria Officers. This includes:
The National Coordinator
National Secretary
Technical Advisor

Gender Specialist Advisor
Project Advisors
Six District Coordinators and
Assistant District Coordinators.

The Central Planning Committee has the responsibility of planning, coordinating, budgeting and strategic oversight duties over all the six Districts in the country. The Committee set overall policies, approves administrative and financial plans and liaison with national partners and cooperating organizations.

2. District Steering Committee

The District Coordinators are appointed by District Governors. The coordinator builds up a team that are responsible for the coordination and implementation of the program in their Rotary district geographical areas. They approve club Needs Assessment exercise, the selection of sites, and relate to local partners. They work with selected areas, regional and state focal persons. The committees prepares and send program report to the National Coordinator and gives their support during the 90-day impact study exercise.

3. Club RFHD Committee

A minimum of a 3-member committee is set up in each Rotary Club across the country and especially in participation clubs. They directly secure suitable sites with advice of local government health departments. They also coordinate program implementation at sites, seek volunteers, work with them and communicate with the district committee and reports directly to the Club and the District Coordinators.

Planning and Implementation of the Rotary Family Health Days

Determining the Dates

The national steering committee members selects possible dates based on the availability of the date and its convenience to all the Districts. Thus, the inputs of the District Governors were necessary while selecting the appropriate dates.

In the past, RFHA normally reminds them of the usual month of RFHD which for about 5 years has been third quarter of the year except for the June 2022 edition, based on prevailing climate, National events, District Governors' itinerary and other Rotary programs. We recently have been having the program twice of the year, this has made us rely heavily on the already presented itineraries of the six District Governors and National events.

The Federal and State Ministries of Health gives us free hand to pick a date but give long information to facilitate strong participation of government agencies in the programme. The February 2024 dates was determined after due analysis of availability of stake holders.

The program was therefore scheduled for and held from 13 February to 15 February 2025. Future RFHD may take this pattern

Selecting the Sites

As many clubs' desires to be involved, they find avenues to involve the people in their communities and new communities they have not explored in the past. The Rotary Clubs are the local people that deals directly with the people. They conduct Needs Assessments of their geographical areas. Reports are collated and discussed by all the committees set up and agreement is reached on how many sites will operate in the exact locations. Factors considered include medical gaps, needs, performance in previous years within that location, community assets, and level of Rotarian involvement.

The local government health departments, State ministries of Health also provided lists of locations which service must be taken to and the areas each of them works. The locations are finalized with our partners as they offer valuable logistics and personnel support.

Project Goals

The goals of the program are multi-faceted like previous programs, and they are broken down as follow:

- To organize a 3-day general medical outreach in various locations of the country through Rotary Clubs and private organizations who desires to partner with RFHA
- To medically screen, test, immunize, counsel, and refer clients to where they can get appropriate medical treatments
- To raise awareness for polio immunization and immunize children of age zero to 5 years.
- To distribute mosquito nets to nursing mothers and pregnant ladies
- To distribute sanitary pads to ladies, especially teenage girls
- To increase the number of people who know their HIV status and refer them to appropriate health facilities,
- To increase the overall number of people exposed to various other diseases like Prostate Cancer, Tuberculosis, breast Cancer, malaria, typhoid, etc.
- To give support and boost both prevention and treatment and offer other family health related services.
- To educate people on the various health challenges that as may be offered at different locations

Project Objectives

The February 2025 program ranks as the fifth to be funded wholly by the Bill and Melinda Gates Foundation. The Central Planning team had to adjust its regular objectives slightly to advance the area of focus of the new Partner which is Polio immunization. Effectively the objectives of the program are as follows:

- To sensitize, mobilize and effectively immunize children of ages zero to five years
- To proactively sensitize, mobilize and engage the community to ensure significant participation in the HIV counseling and testing
- Test and counsel about 120,000 people
- Set up at least 120 sites for the tests and screening
- Offer information and related materials for various diseases and conditions
- Refer clients that tested positive for appropriate care, support and treatment services
- Carry out testing and screening for other infections and diseases
- Mobilize volunteers from Rotary, Rotaract, Rotary Community Corps and communities for the events
- Seek support of RFHA's partners: USAID, CDC, the ministries of health at all three levels of government
- Create sufficient awareness in the media to showcase the work of Rotary and the Action Group in particular

Training the Teams

The Central Planning committee planned six different training sessions which were held across the country for key participants including, Rotarians, Rotaractors, health workers and other volunteers. The syllabuses dealt with general health issues, data collection, testing/screening techniques, Gender, equity and equality, correct use of treated mosquito nets and sanitary towels, general hygiene, what is expected of volunteers at the site, what clubs must provide to augment what the Central Planning Committee is providing, methods of public image, awareness and proper branding, health and safety of workers and clients, confidentiality in results, etcetera. Facilitators included Rotarians, both government and private medical experts, the consulting staff and RFHA committee members.

The best use of the newly designed forms for data capturing were also extensively discussed.

Engaging with Primary Partners

1. The Federal and States Ministries of Health were intimated of the program early enough to get them to continue their collaboration. They were requested to mobilize the community citizens to come out for the event at the various sites, permit Rotary the use of government health facilities at sites for the tests, donate consumables like condoms, test kits and deploy some nursing and technical staff for the program.
2. The RFHA National and district committees constantly work with all Rotary Clubs, Rotaractors, the Family of Rotary and Rotary Community Corps giving information, explaining the program and mobilizing them through visits, workshops and training
3. Our media consultants prepare a viable media campaign.
4. Meetings were held with major program partners who were requested to transport the HTC services of their NGO partners to Rotary and provide other relevant support.
5. The Central Planning Committee has engaged the services of a M&E Consultant, ZIMI Community Good Health Initiative. As a cooperating partner they support with their wealth of professionalism and the various committees worked with the organization to achieve our goals
6. In support for awareness and massive publicity, Radio and Television jingles, Fliers, posters and various communication materials were supplied to various government and primary health centers.

Program Partner Organizations

As a result of the successes of the past, the Action Group has grown in fame and more organizations are confident in dealing with us. In the program under review the following partners collaborated with us. The Bill and Melinda Gates Foundation has partnered with RFHA inc. and funded our last four programs in the last two years, the funding has extended to this intervention. This partnership has made the program to be more known in the country and served as an attraction strategy for Rotary in Nigeria. Other major partners includes

- Federal Ministry of Health
- All States Ministry of Health
- Local NGOs
- Faith-based organizations
 - Catholic Church
 - Muslims organization

- Faith Evangelist
- Planned Parenthood Federation of Nigeria
- National Malaria Control Programme
- National Primary Healthcare Development Agency
- The Eye Foundation
- Power Oil
- Life Agenda
- OASIS Foundation
- Sure Dental Clinic
- University of Uyo Teaching Hospital
- Olabisi Onabanjo University Teaching Hospital
- Sebecly Cancer Care Foundation
- Amazing Care Foundation
- Health Matters Incorporation
- Hepatitis Zero (a Rotary Action Group)

Media Strategy and Plan

We had a very robust media plan in collaboration with our media partner, Core Prime Ad-Concept. Our media partners organized a nationwide coverage of the program from various sites and helped with two media interactions in Lagos State for the national launch program. The National launch event took place in Lagos and had in attendance representatives of the Ministry of health, Rotary and community leaders and the key partners.

The event was covered by the National Television station and International Local Televisions like Africa Independent Television, TVC and the Channels TV, national newspapers and Radio stations. There were Television interviews and Radio talk sessions at various District and states of the federation during the activation. Other publicity campaigns include:

- Radio jingles in colloquia English and three major local languages, Hausa, Igbo and Yoruba, radio announcements and interviews
- Pre and post event press interviews and newsreels

- Awareness campaigns in town and cities at community gatherings, markets, schools and worship centers
- Social media campaign like the Facebook and WhatsApp platforms
- Distribution of flyers, posters and banners
- Notifications and announcements in Rotary bulletins and speaking at Rotary events like Clubs President Installation, Clubs events etc.

Specifically, we utilized the following media:

PRINT:

The Guardian,
Punch newspapers
The Nation
Various local and Community based Newspapers

ELECTRONIC:

The National Television Networks
Lagos television
Africa Independent Television
TV Continental

RADIO:

Radio Nigeria
Bond FM
Eko FM
Paramount FM
Dugba FM
Kaduna FM
Asaba FM
Wazobia FM





Monitoring and Evaluation

The Overall Summary

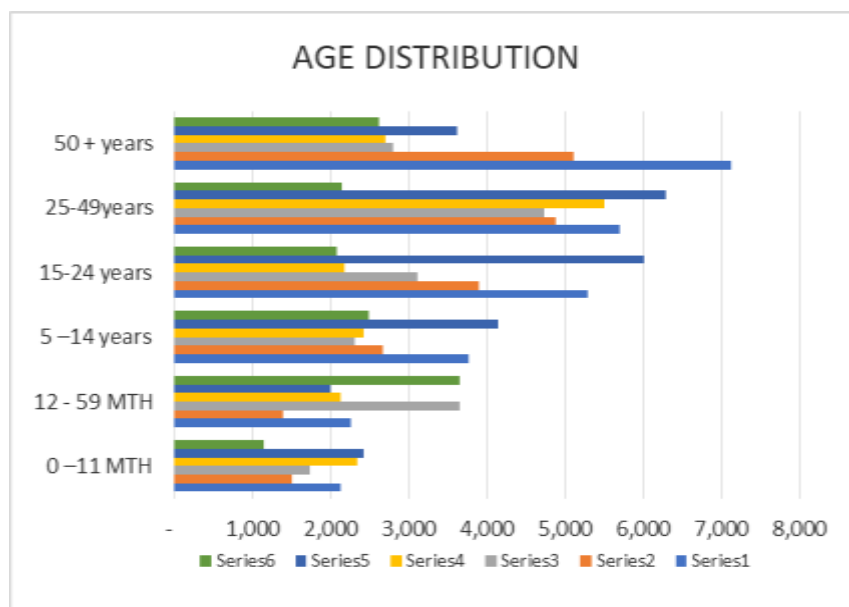
Relevant data were collected on sites by volunteers, especially health workers from our NGO partners, Rotarians and Rotaractors. The records are being analyzed for use during the 90-day Impact Study/ Exit exercise which will be conducted in May 2025. The exercise is planned to be conducted by our M&E consultant, ZIMI Community Good Health Initiative with support of the RFHA M & E Team. It will cover areas in all the Rotary Districts. When the report is received, it would be shared with all parties.

SUMMARY OF DATA , CHARTS, GRAPHS, ETC

Registrations by Rotary District

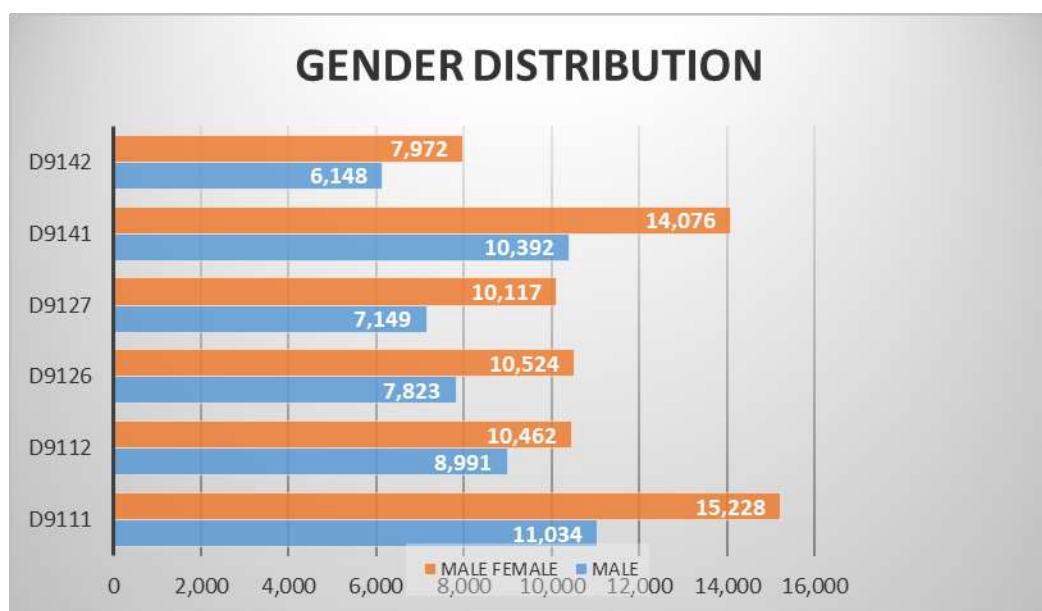
Age Distribution

	D9111	D9112	D9126	D9127	D9141	D9142	TOTAL
0 -11 MTH	2,119	1,501	1,734	2,331	2,413	1,146	11,244
12 - 59 MTH	2,253	1,391	3,655	2,127	1,989	3,658	15,073
5 -14 years	3,766	2,661	2,312	2,421	4,135	2,479	17,774
15-24 years	5,299	3,897	3,114	2,179	6,011	2,077	22,577
25-49years	5,696	4,887	4,734	5,512	6,297	2,149	29,275
50 + years	7,129	5,116	2,798	2,696	3,623	2,611	23,973
	26,262	19,453	18,347	17,266	24,468	14,120	119,916

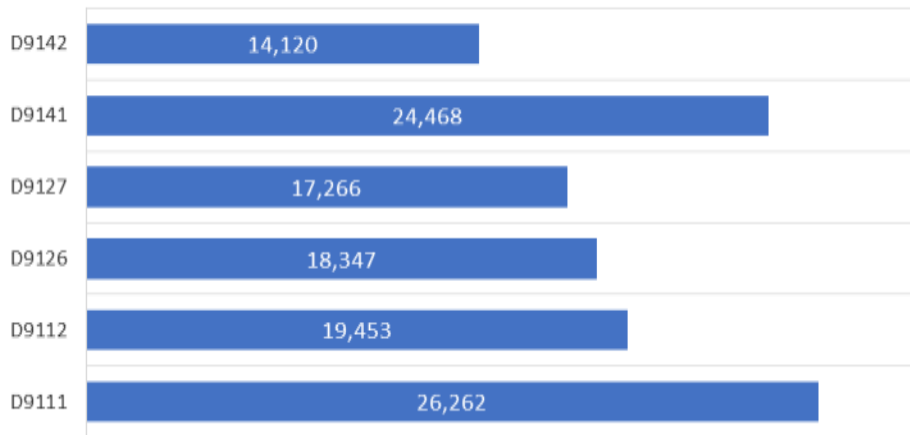


Attendance

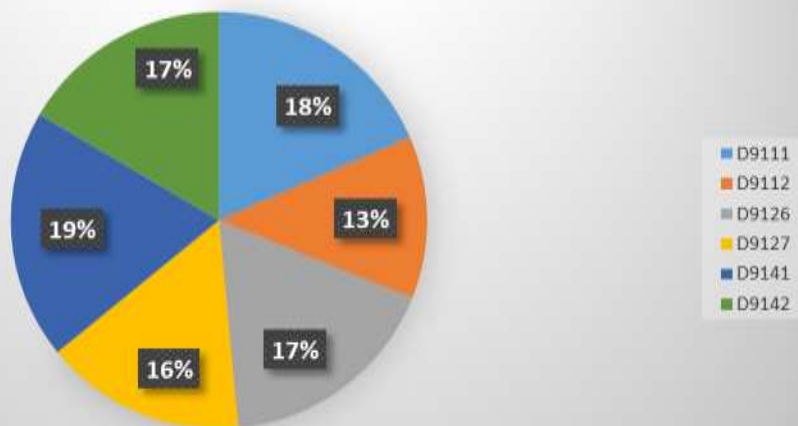
	D9111 26,262	D9112 19,453	D9126 18,347	D9127 17,266	D9141 24,468	D9142 14,120	TOTAL 119,916
ATTENDANCE							
	D9111	D9112	D9126	D9127	D9141	D9142	TOTAL
MALE	11,034	8,991	7,823	7,149	10,392	6,148	51,537
FEMALE	15,228	10,462	10,524	10,117	14,076	7,972	68,379
	D9111	D9112	D9126	D9127	D9141	D9142	
CHILDREN	8,138	5,553	7,701	6,879	8,537	7,283	44,091
	D9111	D9112	D9126	D9127	D9141	D9142	
VOLUNTEERS	1,218	964	576	486	1,110	502	4,856
	D9111	D9112	D9126	D9127	D9141	D9142	TOTAL
PARTICIPATING CLUBS	51	39	32	19	41	28	210
	D9111	D9112	D9126	D9127	D9141	D91412	
NO.OF SITES	30	20	15	20	15	20	120

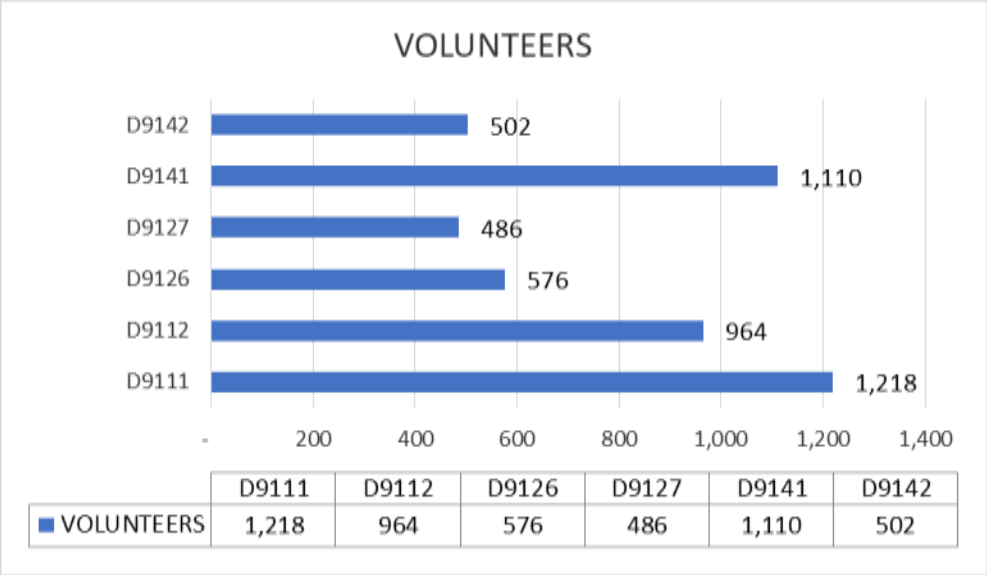


ATTENDANCE BY DISTRICT



Children participation





Club Participation



Sites Per District

Legend

1. District 9111 - 30
2. District 9112 - 20
3. District 9126 - 15
4. District 9127 - 20
5. District 9141 - 15
6. District 9142 - 20



Core RFHD Services Provided

Attendance

Temperature Check	82,954
Weight measurement	44,598
Height measurement	29,386
Pulse rate	52,151
Blood sugar level check	53,478
Malaria Treatment	24,099
Cholesterol level check	26,152
COVID Test	14,771

HIV Test / counselling	18,309
Hepatitis B vaccination	580
Blood donation	57
Hepatitis B Screening	940
Hepatitis C Screening	730
Malaria Test	24,079
Blood Pressure Test	54,266
Tuberculosis Screening	167
Polio immunization	12,895
De-worming of children	19,111
Vitamin A supplement	37,409
Vitamin B	57,092
Vitamin C	57,092
General Pharmacy	57,092
Family Counseling	93,530
Mosquito nets distribution	8,510
Condoms (FEMALE)	3,500
Condoms (MALE)	5,300
Sanitary Towels	21,869
Prostate Cancer screening	5,280
Breast Cancer Screening	7,003

Cervical Cancer screening	1,356
Eye Test	8,165
Ears , nose and throat	3,391
Dental Care, Consultation	985
Fertility Test	7,856
Menstrual hygiene	21,104
Personal Hygiene counsel	24,818
Reading Glasses	2,264
Hypertension Screening	30,961

Rotary Add-on Services Provided

* Intervention at IDP CAMPS	11,497
* Intervention at Correctional homes	3,934
* General body analysis/checks	320
* Nutritional education	16,411
* Distribution of "mama kits" to pregnant women	2,500
* Toothpaste	2,320

Service Referrals Provided

HIV Test	6
Hepatitis B	1
Hepatitis C	1
Blood Glucose	174
Eye Screening	295
Dental Care	57
Breast Cancer Screening	2

Cervical Cancer Screening	
Prostate Cancer Screening	12
Malaria Tests	1,192
Blood Pressure Tests	438

Challenges and Recommendations

- The Federal Ministry of Health supported the program by requesting State Ministries of Health and Primary Health Centres to support the program . Most of these centres supported as requested. In many cases they deployed personnel in addition giving access to their Health Centres.
- RFHA Nigeria invited local NGOs to participate at the program . The NGO partners came and were very active in providing counselling, testing, screening and supply of materials to various sites.
- Most of the States ministry of Health also gave logistics and personnel support through their Primary Health Care centers
- The Society for Family Health gave support towards malaria screening ,HIV AIDS screening , etcetera
- The Planned Parenthood Federation of Nigeria performed the screening for cancers
- We received the required media support from RFHA Inc. This helped in no small measure to enhance our international social media presence. We hope to receive more of this support in subsequent programs.
- For Monitoring and Evaluation, the support of RHFA Inc also played a significant role. The team supported in the design of training tools and data capture.
- All the six Rotary International District Governors in Nigeria gave the program generous support and ample opportunities to speak at their district events, seminars and

major programs. They all owned the program at their District levels. They also nominated the District Coordinators in most cases.

- As a result of the program we have received some requests by members of the communities to volunteer in the program and or enquiries on how to join Rotary. This is good news to Rotary and they are being followed up.

Challenges

- The greatest challenge encountered in this program is the fact that we ventured into some new and unknown areas some of these areas are security risks within the country. This caused some challenges that eventually led to delay in report filing.
- As one of our primary focus was to vaccinate as many children as possible of polio, we still could not achieve much in this area as most states carries out their State Polio immunization exercise. The children were therefore not allowed to present themselves for a fresh round of polio immunization exercise.
- We also encountered some challenges of high cost of materials. Since the new government took over in Nigeria in May 2023, inflation had made the cost of materials and supplies gone above budgeted estimates. The saving grace however still remains that the high cost was cushioned partially by the forex gain we had and the patronage of our preferred vendors
- Accessing some rural areas continue to pose great challenges, coupled with the Current insecurity at such places. This affected our performance in such areas. It also strongly affected our collation of data and reports
- The Nigerian erratic electric power supply is still a major challenge as this greatly affects internet operation in rural areas and convenience of partners , transmission of data could not therefore be done at ease and convenient of Volunteers.
- The program is designed to run for three days but service providers usually get overwhelmed during the last day of event and when the crowd usually builds up much more than the previous two days.
- As Rotarian Volunteers are not remunerated , leaving the regular source of livelihood for a three-day Rotary work has become burdensome.

District Expansion

With effect from July 2024, Nigeria has expanded to six Districts. This has enabled us to reach certain areas in Nigeria as more will be engaged to support the program and given far reaching exposures. As a result of this expansion, we have engaged new District Coordinators to lead the additional two Districts. The engagement of the District Governors when they were District Governor-Elects at the last All Nigerian Rotary Convention held at Lagos in mid-February was a major advantage.

NEW AREAS DISCOVERED

We intensified effort in the new areas previously discovered and attempted more new areas especially in the north part and the South Southern regions that are riverine. The effort in getting to these new areas that we have not reached can therefore be said to be justifiable. The Rotarians and non-Rotarian volunteers that made these happen at the various locations indeed deserves our commendation.

Recommendations

Following the demand by the community members we would like to recommend that

1. The next two programs be approved for June 2025 and October 2025.
2. The Funding be released not later than first week of May for the June intervention and not later than mid September for the October 2025 edition .
3. Allowance to be approved for field workers for their effort and medical expenses be approved as miscellaneous and incidental expenses.
4. The funding be increased by about 20% to cushion the current inflationary trend in the country which has affected all line items of our medical supplies, Publicity, Marketing and cost of administration to mention but few.

Conclusion

Not minding the numerous challenges encountered, the February 2025 program was a huge success like previous editions. The Central Planning committee members were excited with the outcome of the Rotary Family Health Days. It turned out to have attracted more awareness and acceptance within the Nigerian communities.

As usual, the program turned out to be a great experience both for Rotarians and the public we serve. Not minding the time and other resources put into it, the team was determined to make it an excellent program that it turned out to be.

Effectively,

- We achieved most of the goals of the program.
- Some clients were able to get referrals for medical follow-on, treatments and care.
- Awareness of the program has been generated more than previously and more access has been made as a result of this program
- Clients at various communities remain in dire need of our services as it is continue to help them in knowing their health status which in turn has reduced the health anxieties at the cost of keeping healthy. It also has encouraged lifestyle changes
- Rotary awareness in some communities was increased and in some an affirmation of Rotary's good deeds in the community.
- Participating Rotarians felt fulfilled to be part of the program
- As a result of the program some members of some communities are now attending Rotary meetings with a view to becoming members.

Appreciation

We want to first and foremost appreciate all our International partners who believed so much in us by supporting the Global Grant proposal through the contribution of funds from their District Designated Funds without which the program would not have been funded.

We appreciate particularly the entire members of Rotary Club of Liberty , District 6040 USA and the effort of Rotarian Patricia Knauss for her wonderful role all through the project.

We recognize and appreciate most specially the wonderful effort of The RFHA CEO, Susan Paget, recognizing and commending her leadership style of coordination, motivation and inspiration. Her support has been our rudder propelling our success.

We also want to appreciate the operations team led by PDG Eric Kimani for his wonderful support and encouragement at all monthly meetings and each time we reach out to him for advice and support.

We wish to appreciate specially the effort of Senior Gender Intention Specialist, Edith Makandi who graciously attended and participated in the program by being the Guest Speaker at the Lagos Launch, and since then has been a pillar of support especially on gender matters.

All participants and recipients in Nigerians are very grateful to the RFHA Inc. Board for giving us the opportunity to serve the various people in our communities through the Rotary Family Health Days Program.

We appreciate the support of the various six District Governors in Nigeria in whose districts we were able to execute the health days.

Acronyms

AGYW	Adolescent Girls and Young Women
AIDS	Acquired Immune Deficiency Syndrome
ART	Antiretroviral Therapy
CBO	Community Based Organisation
CDC	Centres For Disease Control and Prevention
CHW	Community Health Worker
EPI	Expanded Programme on Immunization
HBV	Hepatitis B Virus
HCT	HIV Counselling and Testing
HCV	Hepatitis C Virus
HIV	Human Immunodeficiency Virus
HIVDR	HIV Drug Resistance
HTS	HIV Testing Services
IEC	Information, Education and Communication
M&E	Monitoring And Evaluation
MMC	Medical Male Circumcision
NCD	Non-Communicable Diseases
NDOH	National Department of Health
NDP	National Development Plan – Vision 2030
NGO	Non-Governmental Organisation
OVC	Orphaned And Vulnerable Children
PCA	Provincial Council On AIDS
PEPFAR	United States Presidential Emergency Fund for AIDS Relief
PIP	Provincial Implementation Plan
SANAC	South African National Aids Council
STI	Sexually Transmitted Diseases
TB	Tuberculosis
UNAIDS	Joint United Nations Programme On HIV/AIDS
USAID	United States Agency for International Development
USG	United States Government
UTT	Universal Test and Treat
VCT	Voluntary Counselling and Testing
WHO	World Health Organisation

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