



rfha


Rotarians for Family Health
& Aids Prevention, Inc.

**ROTARIANS FOR FAMILY
HEALTH AND AIDS
PREVENTION (RFHA)**


**REPORT OF THE 2015 ROTARY
FAMILY HEALTH DAYS (RFHD)**

**ROTARY INTERNATIONAL DISTRICTS IN NIGERIA
HELD THURSDAY OCTOBER 8 TO SATURDAY
OCTOBER 10, 2015**

INTRODUCTION

- The 2015 Rotary Family Health Days program was held across the three Rotary International Districts in Nigeria - Districts 9110, 9125 and 9140. It was the fourth edition after the first one in 2012 which took place only in District 9110.
 - The 2015 Rotary Family Health Days took place with the approval of the RFHA leadership in Nigeria and Governors of Rotary International Districts 9110, 9125 and 9140 after the success of the 2012 event which was held in Lagos State on Friday and Saturday JUNE 1 and 2, 2012 and in Abeokuta, Ogun State on Saturday JUNE 9, 2012. The 2013 event took place in Lagos, Abeokuta, Sagamu, Isara and Ijebu-Ode on May 9 - 11, 2013 and another round on May 17, 2013 in Abeokuta, Ogun State. The RFHA board agreed to the scaling up of the program in Nigeria in 2014 to cover the whole country. Consequently all the three Rotary districts in Nigeria - D9110, D9125 and D9140 held health camps in their various communities on April 24-26, 2014. The outcome was good and showed that the decision to cover the entire country of Nigeria was a wise one.
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THE ROTARY FAMILY HEALTH DAYS

- The Rotarians for Family Health and AIDS Prevention (RFHA) is a Rotarian Action Group of Rotary International. Its goal is to provide succor to children afflicted with HIV and AIDS and their relatives that might suffer as a result of their status. In the first six years of its existence, Rotarians For Fighting AIDS (RFFA), as it was then known, gave care and support to over 5000 children orphaned because of the effects of HIV by paying their school fees, giving school support, nutrition and regular psycho-social support. The 2012 event went beyond just taking care of children affected by the AIDS pandemic by including other medical screenings and tests in order to bring many more people to know their HIV status and general health conditions and refer those testing positive for treatment. The program is intended to address the Millennium Development Goal no 6 and some Rotary International Areas of Focus like Maternal and Child Health and Disease Prevention and Control.
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Nigeria accounts for about 10% of the HIV/AIDS burden in the world. With over 3 million of her citizens being zero-positive and a HIV prevalence of about 4%, Nigeria still has the 2nd highest burden of HIV infection in sub-Saharan Africa. The country is now home to a growing number of orphans and vulnerable children due to the disease. Responses to the plight of the Orphans and Vulnerable Children (OVC) fall heavily upon extended family networks. With increasing numbers of the OVC, the traditional social safety nets are being over-stretched and the capacity and resources of family members, many of whom are already impoverished themselves, are thinning out. Besides, medical assistance to the general family members is inadequate as it is only the healthy ones that can adequately take care of the sick. Therefore it is pertinent to have the whole family members know the status of their health so that by taking care of themselves through referrals to health care centers and getting well, we help to strengthen the health capacity of the families to care for and support the children including the OVC. These other health services being provided help motivate everyone in the family to attend, thereby, increasing the number of reach for HIV testing and counseling and polio immunization.



PROJECT GOAL

To increase the number of people who know their HIV status, thus give support and boost both prevention and treatment and to offer other family health related services.



PROGRAM OBJECTIVES

- To effectively sensitize, mobilize and engage the community to ensure significant participation in the HIV Counseling and Testing (HCT).
- Test and counsel about 150,000 people in Nigeria
- Set up at least 110 sites for the tests and screening
- Offer information and related materials for various diseases and conditions.
- Refer those testing positive for appropriate care, support and treatment services
- Carry out testing and screening for other infections and diseases.
- Mobilize volunteers from Rotary, Rotary Community Corps and our communities for the events
- Seek support of RFFA's partner, the U.S. Centres for Disease Control and Prevention, the Federal & States Ministry of Health and the media.



PROGRAM SPONSORS

- - Rotary International District 9110
- - Rotary International District 9125
- - Rotary International District 9140
- - Rotary International District 6900 Georgia, USA
- - Rotary Club of Dunwoody, D6900
- - Nigeria National PolioPlus Committee



PROGRAM PARTNERS

- CDC (Centers for Disease Control and Prevention)
- SFH(Society for Family Health)
- Federal Ministry of Health



OTHER COOPERATING ORGANIZATIONS

Ogun State Ministry of Health

Lagos State Ministry of Health

Kaduna State Government

Enugu State Ministry of Health

Rivers State Ministry of Health

Bayelsa State Ministry of Health

SunMap(malaria tests)

Planned Parenthood Federation of Nigeria(cancers screening)

Life Agenda Initiative(Community Health NGO)

Core Prime Ad-Concepts(PR and media services)

Olaking Global Services(Designs & Artworks)



PROGRAM PLANNING

The program month of October, away from the usual April/ May every year, was agreed after discussions with RFHA CEO, Marion Bunch. Moving the date to October was to reflect the wish of the partners in South Africa.

Planning for the 2015 Rotary Family Health Days across Nigeria commenced in earnest in June 2015 with the setting up of a Strategic Team. Several planning meetings were held while contact and communication with Program Sponsors, Partners and Cooperating Organization followed. Late in 2013 we had opened discussion with RI District 6900 for a Global Grant to support the Family Health Days program in District 9110.

Coordination of plans, meetings with the Federal Ministry of Health, States Ministry of Health, other relevant Agencies and our Program Partners and Cooperating Organizations was scheduled from Lagos. Also some of the program materials were procured in Lagos and dispatched to the District Coordinators through public transport services.



COORDINATING TEAMS

The Following Committees were set up for effective coordination of the 2015 Rotary Family Health Days (RFHD) at National, Districts, States and Club Levels:

Central Coordinating Committee: This consists of RFHA Nigeria officers and some non-Rotarian Partners. It was set up to plan and coordinate the program across Nigeria, liaise and meet with Program Sponsors, Partners and Collaborators. Also obtain up-to-date reports from District, State and Clubs Coordinators and collate same for the national report.

District Coordinating Committee: Members were appointed by the District Governors and include State Coordinators and RFHA members in the District. They are responsible for the coordination of the implementation of the program plans and served as communication link between Central Coordinating Committee and the participating Rotary Clubs.



COORDINATING TEAMS

- **State Coordinators:** Appointed by the District Governors, they are responsible for the coordination of the implementation of the program plans and serve as communication link between the District Coordinating Committee and the participating Clubs.
- **Club RFHD Committee:** Minimum of a 3-Member Committee set up by all participating Clubs in partial fulfilment of the requirements for participation in the 2015 RFHD. The committee is saddled with the responsibility of securing suitable club site/s with the advise of local government health departments. They are also responsible for the coordination of the implementation of the program plans and serve as communication link between District Coordinating Committee and the participating Clubs through the State Coordinators.



MATERIALS

- The Federal Government through the Federal Ministry of Health (FMOH) supported the program with 100,000 strips of Male Condoms and 50,000 strips of Female Condoms and Society for Family Health (SFH) donated thousands of Rapid Diagnostic Test kits(RDT) to most of the sites for malaria tests. The District Coordinators purchased these materials: Cotton Wool, Methylated Spirit, Disposable Gloves, Lancet and OTC Drugs e.g. Vitamin C, Paracetamol, etc



MATERIALS

- The following other items were distributed to sites in the 3 Districts by the Central Committee:
- Insecticide Treated mosquito Nets (ITN)
- ACCU-CHECK Glucometer
- ACCU-CHECK Test Strips
- Worm Expellers
- Sanitary Towels
- Vests & T-shirts
- Banners (printed for All Sites)
- Posters
- Flyers
- Roll-up banners



PROGRAM MANAGEMENT

- Having received the full consent of the Rotary District Governors and Rotary leadership, the following action steps were taken:
- RFFA members met and chose a 12-member implementation committee to see the program through
- Each of the 288 Rotary clubs was requested to set up a 3-member committee for the program at club level
- An average of 5 members of each club signed up to participate
- Rotaract clubs pledged their support
- Rotary clubs set up testing sites and RFHA and the Rotary Districts prepared one hub site each.
- The RFHA implementation committee held several strategy meetings
- Mobilization of clubs and Rotarians was made through club visits, District/RFHA memo to clubs and talks at various Rotary seminars, workshops and training sessions



PROGRAM MANAGEMENT

- Meetings were held with major Program Partner: Centers for Disease Control and Prevention (CDC). They were requested to transport the HTC services of their NGO partners to Rotary for the program and provide other relevant support.
- We requested the help of Coca-Cola, Nigeria for a media plan.
- The Federal Ministry of Health and the Ministries of Health in many States were intimated of the program and several meetings were held with them. They were requested to mobilize community citizens to come out for the event at the various sites, permit Rotary to use government health facilities as sites for the tests, make supplies of treated mosquito nets, sanitary pads and condoms from their stock, and deploy some nursing and technical personnel to Rotary for the program.
- Rotarians and the Family of Rotary volunteered their time to supervise the activities and manage the sites.
- Two training and information sessions were organized for representatives of Rotary clubs
- Training of government health workers and Rotarians on testing, immunizations and counseling was held
- 10000 Fliers, 5000 posters, 3900 T-shirts and various IEC materials from government agencies and NGOs were to be provided.



MEDIA PLAN & MOBILIZATION

- We had a very robust media plan in collaboration with our Publicity Partner, Core Prime Ad-Concepts. Our partner organized nationwide coverage of the event and helped with the Media Parley at the program launch on October 7, 2015. The venue of the launch program in Lagos, the Rotary Centre, was given to us free by the district governor, who also chaired the occasion. Present were Rotary Leaders including the DGE and the DGN, representatives of the Federal Ministry of Health, the Lagos State Ministry of Health representatives, NGO partners, Rotarians and the media. The event was covered by the Lagos Television, the National Television Authority, Federal Radio Corporation of Nigeria and newspapers.



MEDIA PLAN & MOBILIZATION

- The publicity plan included:
 - - radio jingles in English and local languages, radio announcements and interviews
 - - pre and post event press interviews and news items
 - - awareness campaigns in towns and cities including road shows, visit to community & market leaders and schools
 - - distribution of flyers, posters and banners
 - - notifications in Rotary Clubs bulletins and DG Newsletters, speaking opportunities at Rotary events
 - - social media like the Facebook and Whatsapp platforms
- Specifically we utilized the following media:
 - PRINT - Guardian, Sun, Nation, Vanguard and Punch newspapers
 - ELECTRONIC - Nigeria Television Authority network, Lagos Television, TV Continental and Muri International TV
 - RADIO - Radio Nigeria/Bond FM, EKO FM, WAZOBIA FM, Faaji FM and Paramount FM
- Some print and electronic media journalists roamed the health camps and conducted interviews for beneficiaries during the 3-day event.



TRAINING

- Various training sessions on general family health and data collection were conducted in Lagos, Abuja, Kaduna, Owerri and Port Harcourt for health officials, Rotarians and Rotaractors. Our facilitators were mainly Rotarian volunteer medical practitioners, staff of Society For Family Health and experts from various State Ministry of Health. Also the various forms designed for capturing data and logistics issues were explained to participants.



WHAT TOOK PLACE

- **FREE:**
- HIV Testing and Counseling (HTC)
- Glucose level Test
- De-worming for children and vitamin A supplement
- Breast and Cervical cancer screening
- Distribution of sanitary towels
- Malaria screening and Mosquito nets distribution
- Blood pressure testing
- Polio Immunization
- Dental Care
- Cholesterol checks
- Family counseling and condom distribution
- Eye tests
- Measles
- General pharmacy



GENERAL MEDICAL AD-ONS BY ROTARIAN DOCTORS

- General body analysis/checks
- BCG
- Tetanus vaccine
- ipv
- Yellow Fever screening
- Diphtheria tests
- Nutritional education
- Distribution of “Mama Kits” to pregnant women
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WHAT WAS ACHIEVED

- The event took place as scheduled in two Rotary Districts in Nigeria on Thursday 8th to Saturday 10th October 2015. District 9140 had its program a week later, October 15-17, 2015.
- In District 9110 the event took place at 74 sites organized by 65 Rotary Clubs and 9 Rotaract Clubs. In District 9125, it took place in 26 sites organized by 30 Rotary Clubs, while in District 9140, it was held in 24 sites organized by 53 Rotary Clubs.
- Find below detailed data of participation and services rendered across Nigeria during the 2015 Rotary Family Health Days held at 124 Sites organized by 143 Rotary Clubs and 9 Rotaract Clubs from the three Districts in Nigeria:



	D9110	D9125	D9140	TOTAL
○ No of Clubs in District	82	83	123	288
○ No of Participating Clubs	65	30	53	148
○ Rotaract Clubs	9			9
○ No of Sites	74	26	24	124
○ Rotarian Volunteers	726	200	461	1387
○ Rotaractors	135	100	200	435
○ Non-Rotarian Medical Personnel	594	100	154	848
○ TOTAL ATTENDANCE	50513	25725	14637	90875
○				
○ SERVICES RENDERED				
○ 1. Family Counseling	36776	17100	10081	63957
○ 2. HTC	28365	18200	4826.	51391
○ 3. Malaria Test(RDT)	34092	10261	7214	51567
○ 4. Glucose Level Test	39600	11998	6827	58425
○ 5. Blood Pressure Test	42285	16533	9303	68121
○ 6. Condom Distribution	44573	7750	2840.	55163
○ 7. Sanitary Towels	9069	2620	3066	14755
○ 8. Mosquito Nets	5900	3150	2800	11850
○ 9. Dental Clinic	-	1980	49	2029
○ 10. Eye Clinic	2178	2315	370	4863
○ 11. Breast Cancer Screening	560	405	164	1129
○ 12. Cervical Cancer Screening	699	-	25	724
○ 13. Malaria Treatment(ACT)	8147	3341	2989	14477
○ 14. Polio immunization	1672	-	213	1885
○ 15. Cholesterol checks	816	-	-	816



○ 16.Vitamin A Supplement	1761	288	-	2049
○ 17.De-worming	4280	3491	3703	11474
○ 18.Measles Test	35	-	-	35
○ 19.Pharmacy	10218	15630	5004	30852
○ 20.Mama Kits(for pregnant women)	-	828	-	828
○ 21.BCG	3000	-	-	3000
○ 22.Crutches(for polio victims)	-	20	-	20
○ 23.Tetanus vaccine	32	-	-	32
○ 24.ipv	100	-	-	100
○ 25.Yellow Fever Screening	45	-	-	45
○ 26.Diphtheria	20	-	-	20
○ 27.Body Analyzers	815	-	-	815
○ 28.Nutrition Education	1425	-	-	1425
○ Referrals:				
○ 1. HIV	215	50	375	640
○ 2. Malaria	-	1000	-	1000
○ 3. Blood Pressure	1257	3000	-	3000



M & E

- Necessary data were collected on site by Rotaractors assisted by Rotarians from the participating clubs. The records are being analyzed for the 90-day Impact Study exercise which will be conducted in December or January. A non-Rotarian M&E Consultant is heading the team for this very important study.




FINANCE


- The 2015 Rotary Family Health Days program was funded as follows:
- 1. D9110 by a Global Grant with D6900 Georgia, USA as the International partner. The Global Grant was for an amount of \$98,500.
- 2. The financing for D9125 and D9140 came from cash support from the respective district governors, local funds and very generous big materials donations from the Federal and State Ministry of Health, the Society for Family Health and various local partner-NGOs.



REVIEW OF THE PROGRAM

- Support for the event was very encouraging:
 - The CDC requested and obtained the services and the support of their NGO partners. The NGO partners came and were very active in providing counseling, testing, screening and supply of materials to various sites
 - Coca-Cola Nigeria, through its Public Affairs Department provided advice and support for the media launch.
 - Rotary District 9110 was very generous in giving us free space in the District Governor's Newsletters monthly publications to announce and preview the event; we had ample opportunities to speak at district events and seminars.
 - The District Governor fielded questions at the press conference/launch and together with government representatives flagged off the event at a very impressive launch event on October 7, 2015. The same event took place in Abuja, District 9125.
 - The Federal Ministry supported the program with supplies of thousands of male and female condoms and provided facilities/materials for cancer screenings, polio immunization, and HIV testing.
 - The Society for Family Health supported with supplies of Malaria testing Kits and assisted in securing the purchase of the Insecticide Treated Nets.
 - The Lagos State Primary Healthcare Board sent health workers to the field and helped with polio immunization. The Permanent Secretary of the Ministry of Health and the Chair of the State Primary Healthcare Board sent representatives to the Launch event.
 - The Kaduna State Government and the Abuja Municipal Council gave logistic support and approval to use the state government owned facilities during the event and their representatives were on hand to formally flag-off the program.
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REVIEW OF THE PROGRAM

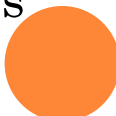
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CHALLENGES

- The 2015 RFHD program could have achieved much more than it did with better funding. We made use of about half the funds available for the 2014 program. This resulted in reduction in quantities of materials used and limited the reach
- There is a great need to deploy better IT services especially in the area of data collection
- Many Rotarians from the clubs still treat timely reporting with levity and a deeper sensitization program for them is essential for future programs
- We can do with better coordination from some of the NGOs as we move on
- We need to continue to improve on our communication plan especially with messages in various forms from the zonal committees to the various clubs
- We will continue to deepen the interest of all the District Governors in the RFHD.



CONCLUSION

- The 2015 Rotary Family Health Days program was another great experience for Nigeria RFHA members and Rotarians in general. It took a lot of time, work, discussions and other human resources to get the program off the ground. But it was a fulfilling task as we were able to reach the many people that we got given all the challenges faced. We were also able, through participating NGOs, to refer those tested positive for treatment and care.
 - *The RFHD has been able to establish the great need of our services by our communities. A lot of lives have been saved due to the testing and screening.
 - *Through the RFHD, Rotary has been able to reach the real grass-roots people.
 - *Awareness of Rotary as a big force in humanitarian service delivery has been established within the larger societies.
 - *The RFHD is a big push for Rotary's public image programs.
 - *The program concept has proved the possibility, viability and benefits of public/private partnerships.
 - We are grateful to the RFHA board for giving us a big opportunity to serve our communities through the Rotary Family Health Days program.
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OLUGBEMIGA OLOWU

NIGERIA 2015 RFHD COORDINATOR

