

ROTARY FAMILY HEALTH DAYS (RFHD) PROGRAMME SUMMARY



2023

RFHD Tanzania 2023 | RFHD Country Coordinator – PDG Harish Bhatt

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1 Acknowledgement

The Rotary Family Health Days program started in Tanzania in 2023 as an initiative of **RFHA (Rotary Action Group for Family Health & AIDS Prevention)** working with the **Bill and Melinda Gates Foundation**.

We would like to thank RFHA and the Bill and Melinda Gates Foundation for the initiative and for their generous support of US\$70,000 to the Rotary Family Health days in Tanzania for the year 2023.

We would also like to thank the **Ministry of Health of the Government of United Republic of Tanzania** for their support in all aspects of the camps held in 2023 and more specifically by deploying their personnel and vaccines to enable the vaccination part of the camps to be executed effectively.

2 Highlights

- Tanzania's first year in the RFHD program was 2023.
- The RC of Dar es Salaam Oysterbay (RCOB) was requested to conduct the first camp to ensure success. This was because RCOB has been conducting medical camps for 11 years and has the systems and capabilities for execution. The second and third camps were planned for Dar es Salaam (led by RC Dar es Salaam and RC Bahari Dar es Salaam) and Moshi (led by RC Moshi and RC Mwika).
- The three camps were conducted successfully on 29 Jul 2023, 19 Aug 2023 and 18 Nov 2023.
- The three camps served a total of 6,361 community members.
- Most core RFHD services and several add-on services were provided.
- Significant press coverage (TV and newspapers) provided broad awareness of RFHD and Rotary in General.
- Developed relationships with the Ministry of Health and Local Authorities where the camps were conducted.
- Developed relationships with partners (hospitals, other health sector organizations...) who effectively participated in and supported the camps.
- Developed relationships with companies to provide financial and material support for the camps.
- Rotaractors played the most significant role in the camps' success, turning out in large numbers.
- Four clubs beyond RCOB can now organize and conduct medical camps.
- The 2024 RFHD country team now includes all past and current governors, country chairs, presidents and presidents elects of all clubs participating in RFHD. We have identified Rotarians to lead each camp with its own team.
- We have learnt a lot from the first set of camps and to use the knowledge in the planning and execution of the 2024 camps.

3 Positive Impact

- The three camps served a total of 6,361 community members.
- Most core RFHD services and several add-on services were provided.
- Developed relationships with the Ministry of Health and Local Authorities where the camps were conducted.
- Developed relationships with partners (hospitals, other health sector organizations...) who effectively participated in and supported the camps.
- Developed relationships with companies to provide financial and material support for the camps.
- The 2024 RFHD country team now includes all past and current governors, country chairs, presidents and presidents elects of all clubs participating in RFHD. We have identified Rotarians to lead each camp with its own team.

4 Background

4.1 Rotarians for Family Health Days and AIDS Prevention

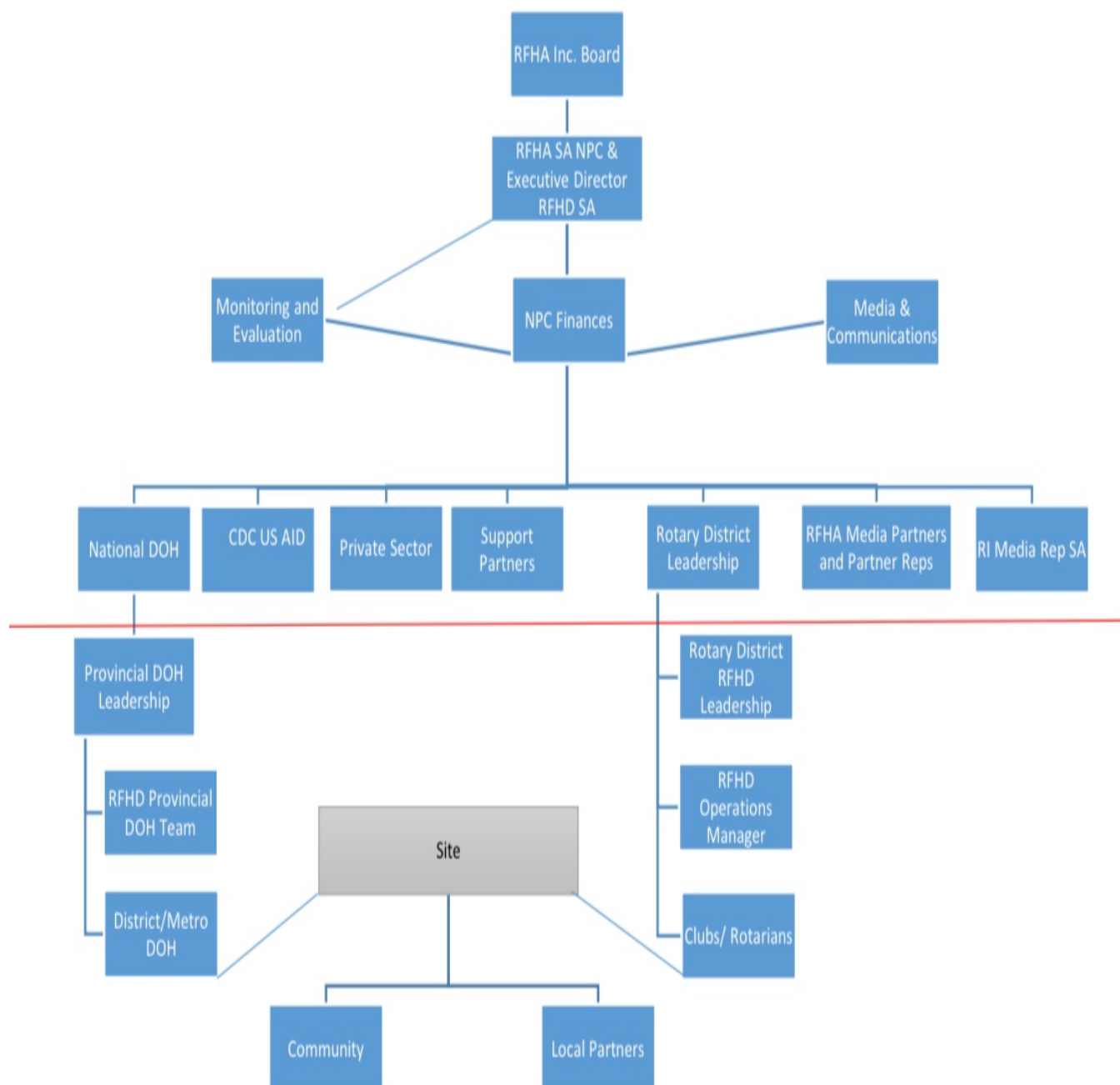
Rotarians for Family Health & AIDS Prevention (RFHA) is a global Rotarian Action Group and mobilizing partner of Rotary International. RFHA creates the design, obtains the resources, and has overall management responsibility for Rotary-led disease prevention and treatment programmes such as the Rotary Family Health Days. RFHA's mission is to save and improve the lives of children and families who do not have access to preventative health care and education. This is done through the mobilization of Rotarians and national & global partners. RFHA's direct impact is the **strengthening of infrastructure in healthcare delivery systems** worldwide.

RFHA's role in the RFHD programme is to act as the lynchpin organization to initiate the programme, obtain buy-in from partner organizations and funding sources and coordinate the work with all implementing partners leading up to and over the three-day event. RFHA further provides mechanisms, tools, platforms, and training to assist Rotary Districts and clubs in the rollout of the RFHDs and develop a comprehensive Media and Communications strategy delivered through a dedicated Media team.

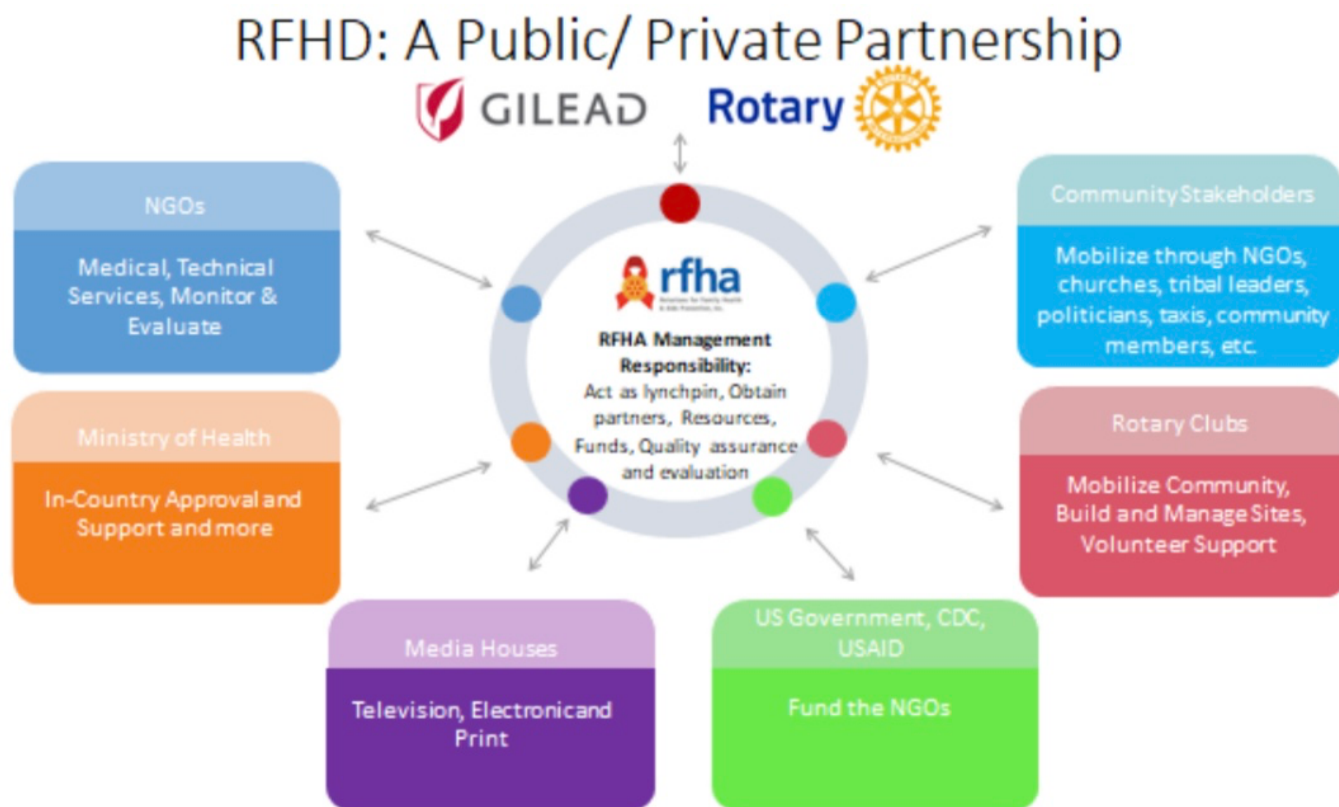


Impact: Strengthening the
infrastructure on
healthcare delivery
systems worldwide

4.2 Rotary Family Health Days: A Public-Private Partnership



5 RFHD Program Model



After evaluating feedback from successful campaigns, various NGOs, individuals, companies, and communities have been welcomed to incorporate and participate in the change RFHD is making in the community.

6 Planning and Implementation of the Rotary Family Health Days

6.1 Determining The Dates

The dates were determined collectively, considering the availability of:

- Rotaractors – most critical as they ran most of the activities at the camps
- Rotarians
- The venue
- The willingness & availability of the target community

6.2 Selecting the Sites

The process of site selection depended on:

- Areas with a high burden of diseases
- Number of elderly, women, and children with limited access to quality healthcare
- Reasonable proximity to Rotary and Rotaract Clubs

Region/ State/ Province	Rotary District	No. of Identified Sites	No. of Actual Sites
Dar es Salaam – Ukonga	9214	1	1
Dar es Salaam - Bunju	9214	1	1
Kilimanjaro - Moshi	9214	1	1

6.3 Mapping the Sites

Ukonga is an administrative ward of the Ilala Municipal Council of the Dar es Salaam Region in Tanzania. According to the last census, the ward has a population of 80,034. Due to this population and the high need for healthcare services, the area was chosen for the camp.

Bunju is an administrative ward of the Kinondoni Municipal Council of the Dar es Salaam Region in Tanzania. According to the last census, the ward has a total population of 92,587. Due to this population and the high need for healthcare services, the area was chosen for the camp.

Pasua in Moshi Municipality – with a population 18,851, is one of the most heavily populated, low-income areas with inadequate health service.

6.4 Training the Teams

All service providers are usually trained before the camp day. This ensures good knowledge and smooth running of the camp. A total of 400 service providers attended the training.



7 The Launch

There was no specific launch. The RFHD program formally started in Tanzania with the first RFHD camp organized by RC Dar es Salaam Oysterbay. The event was branded with RFHD signage, including the t-shirts and bibs worn by Rotaractors and Rotarians. There was significant press coverage on TV, print media and online publications.

Please see some photos in the Media section.

8 Engaging with Primary Partners and Funders

- **The Ministry of Health** was engaged to seek permission to hold the camps, request their teams carry our vaccinations, and participate. There is no MOU, but one will be worked on for 2024.
- **Municipal & Ward Leadership** – for permission to hold camps and request support in mobilizing community members.
- **MDH** – to participate in conducting AIDS Testing and TB Screening
- **Aga Khan Hospital** – to use their mobile vans to screen for breast, cervical and prostate cancer and administer COVID-19 vaccines.
- **Kilimanjaro Christian Medical Centre & Kilimanjaro Christian Research Institute** – provided doctors and advice for the camps.
- **Hindu Mandal Hospital** - provided doctors and advice for the camps.
- **Pasua Health Center** – provided doctors and advice for the camps.
- **Hitech Sai Hospital** - provided doctors and advice for the camps.
- **Companies** that supported financially or in kind through services:
 - Guaranty Trust Bank
 - SBC Pepsi
 - Jollie Pads
 - Security Group Africa
 - Afya Intelligence
 - Azam
 - Chemi Cotex
 - Akili Chanya Initiative Tanzania
 - The Network against female genital mutilation Tanzania
 - Whitedent Tanzania
 - Aleems Grocery
 - Cooperative and Rural Development Bank (CRDB)
 - Small Industries Development Organization (SIDO)

9 Media Strategy and Plan

This year, we had TBC Taifa with us during the event. They captured different activities and interviewed leaders and all those who benefited from the services. This was later displayed on the National news as an appreciation and to alert them to our next RFHD days.

The Guardian magazine also featured us in their daily news.





**WATU 5000 WANUFAIKA NA
HUDUMA ZA AFYA KUTOKA ROTARY**

www.tbc.go.tz

[@tbctaifa](#)





News

@Theguardiantz



The
Guardian
DIGITAL

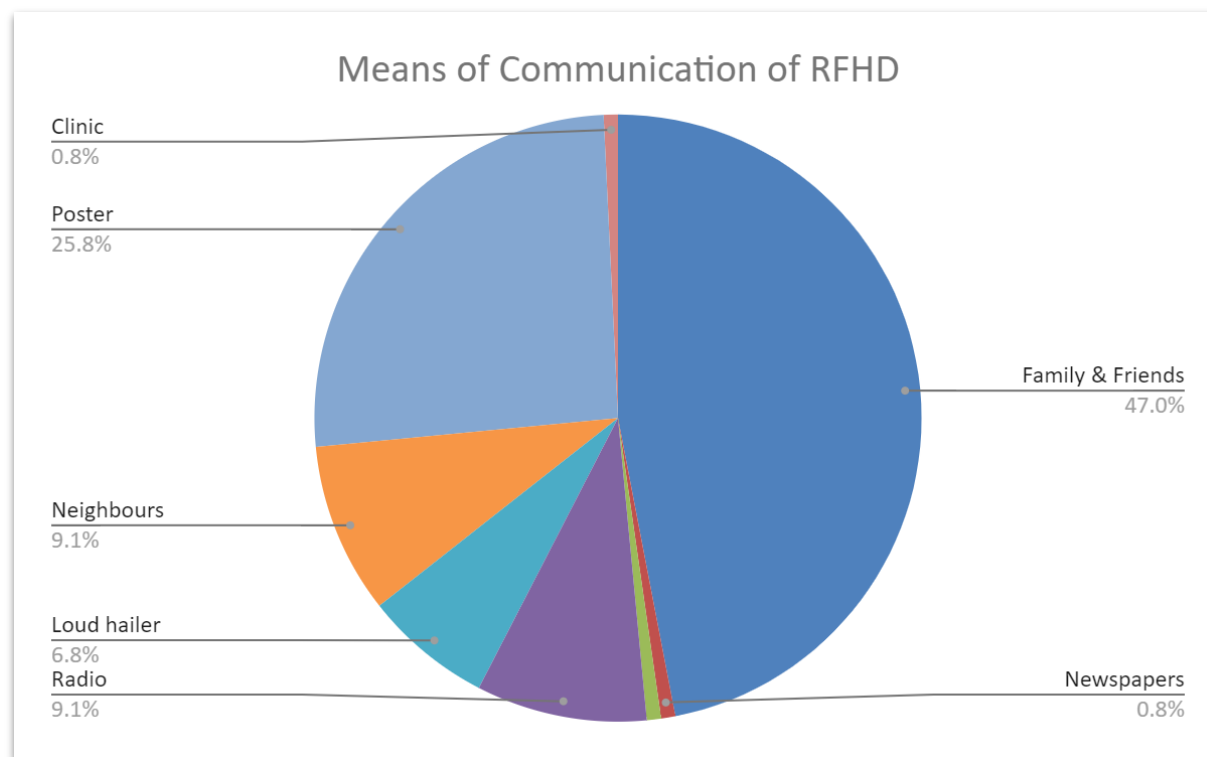
JULY 31, 2023

ROTARY TANZANIA CONDUCTS FREE HEALTH SCREENING IN DAR

   @Theguardiantz

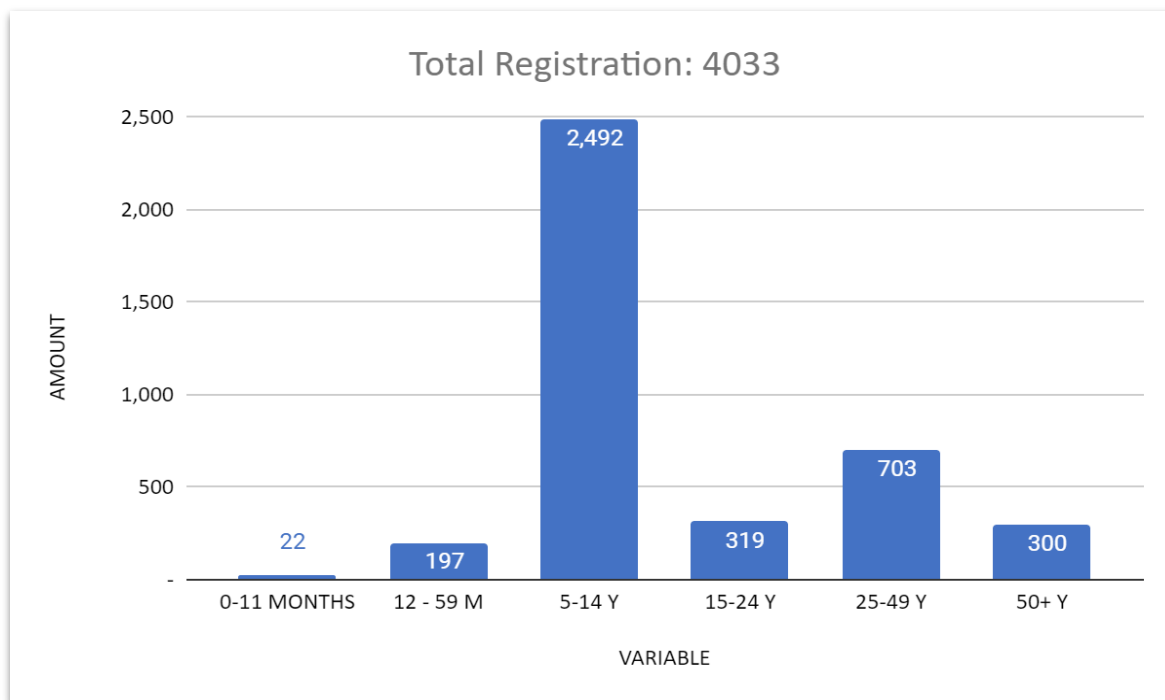
10 Monitoring & Evaluation

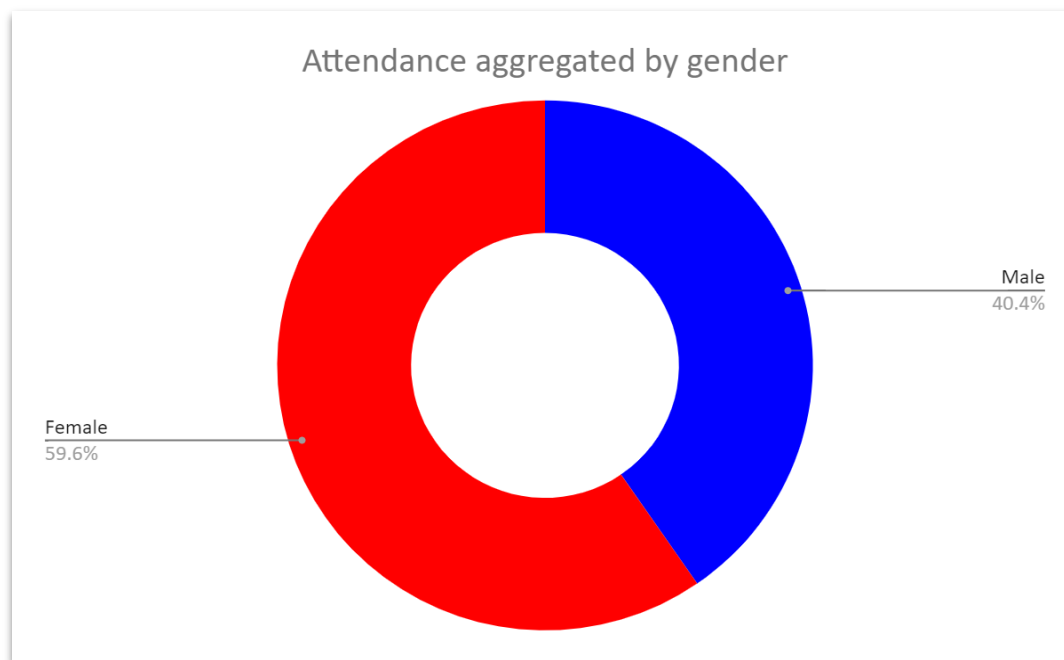
10.1 Mobilization



10.2 The Overall Summary

Ukonga Camp (Dar es Salaam)

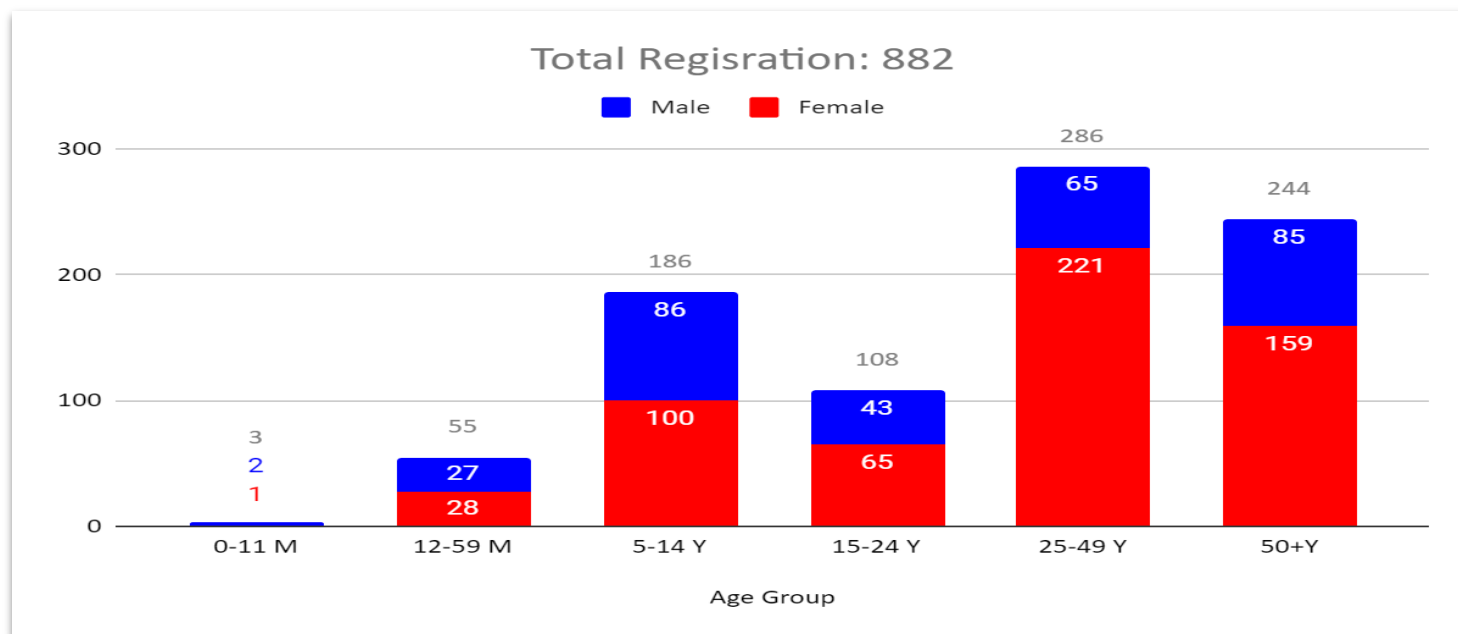




Pasua Camp (Kilimanjaro)

Sites	Total Registrations	Male	Female	Services
1	882	308	574	8557

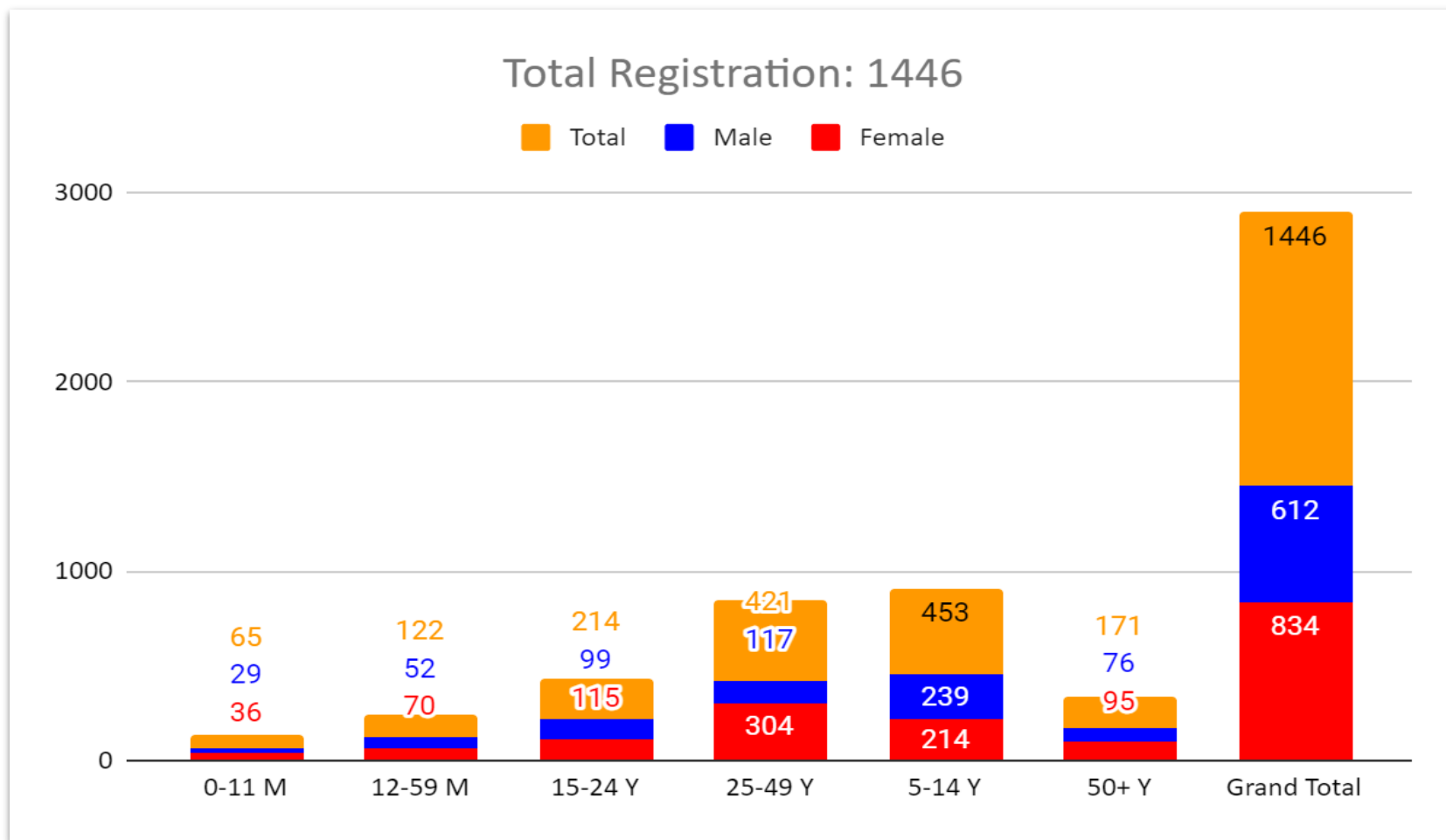
RFHA – RFHD Program Summary Tanzania 2023

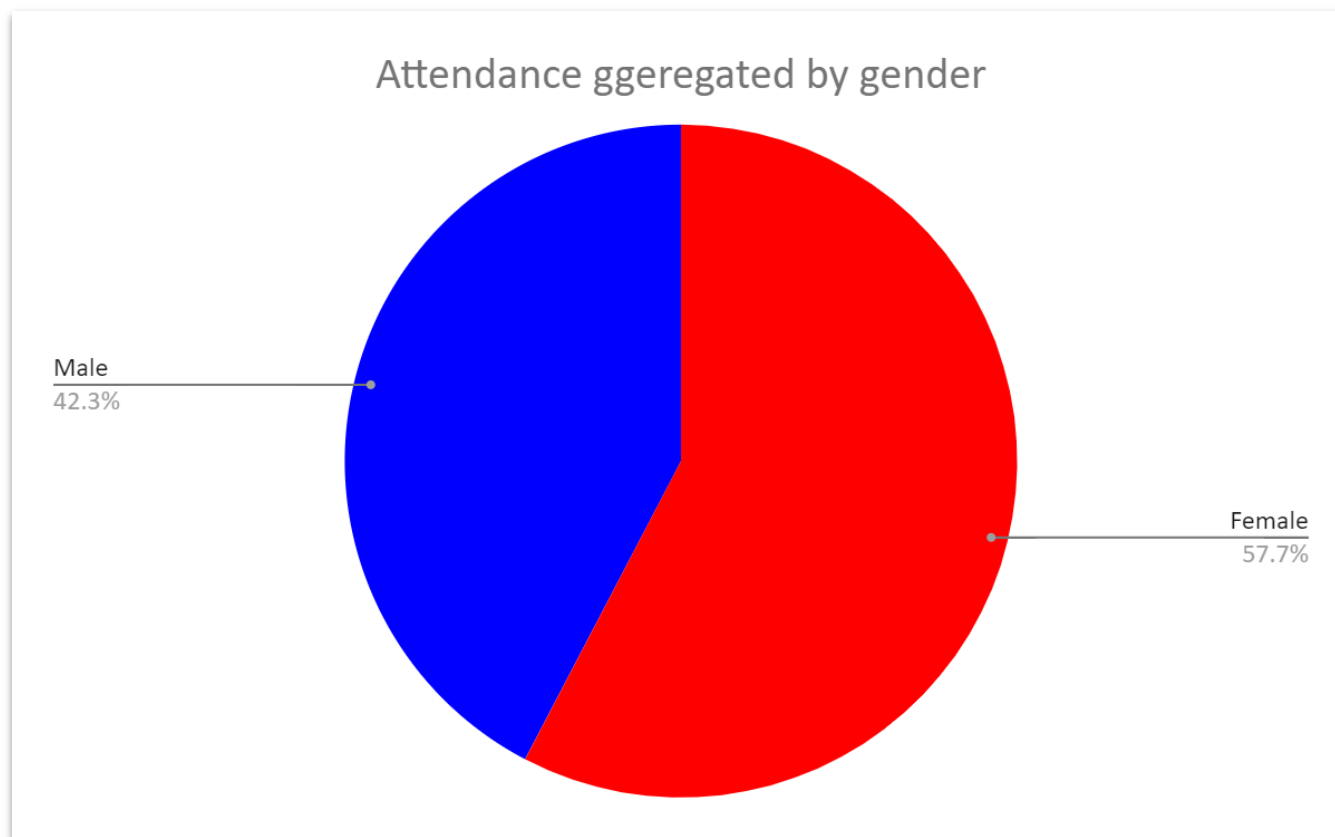


Bunju Camp (Dar es Salaam)

Sites	Total Registrations	Male	Female	Services
1	1446	612	834	7418

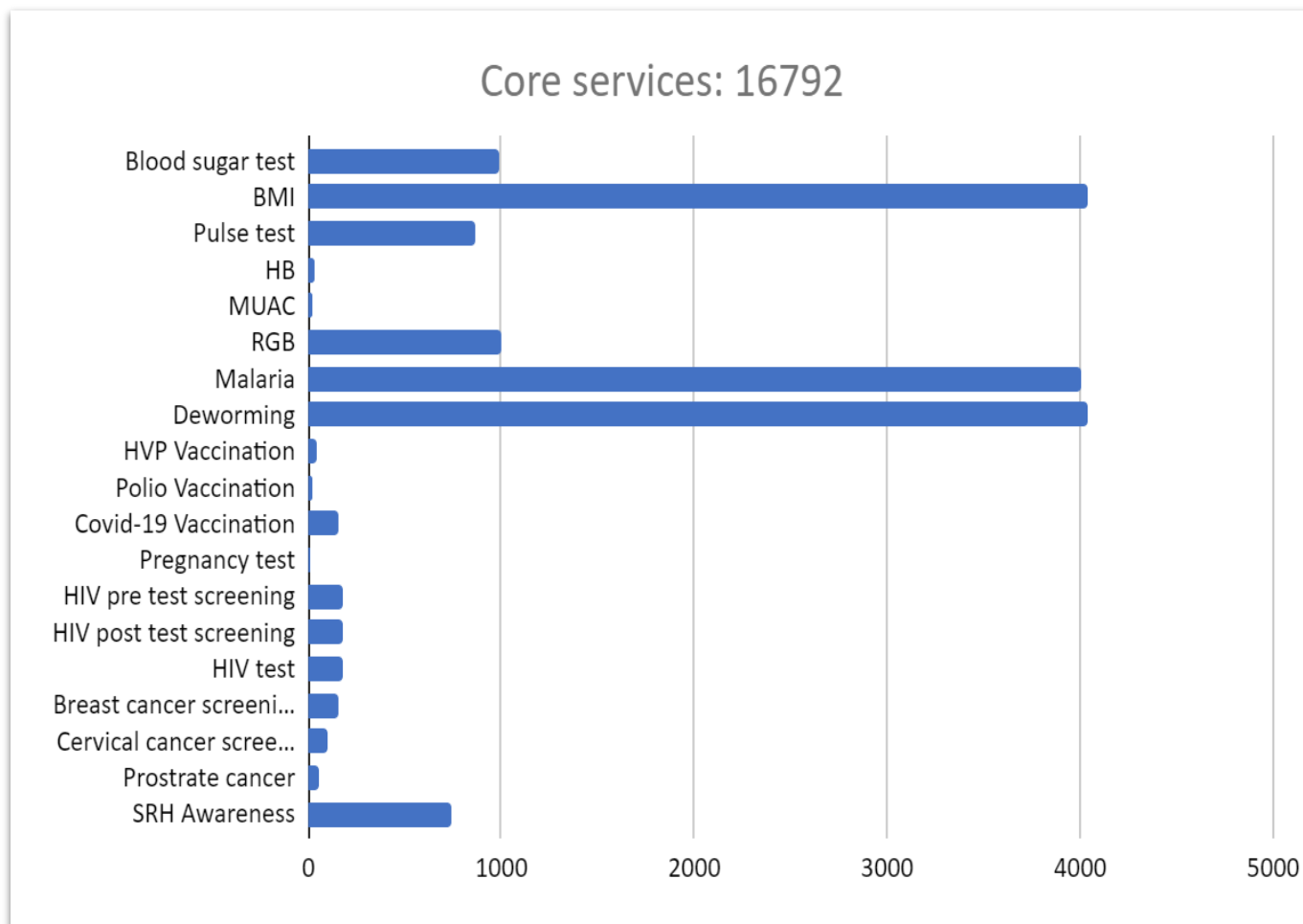
RFHA – RFHD Program Summary
Tanzania 2023



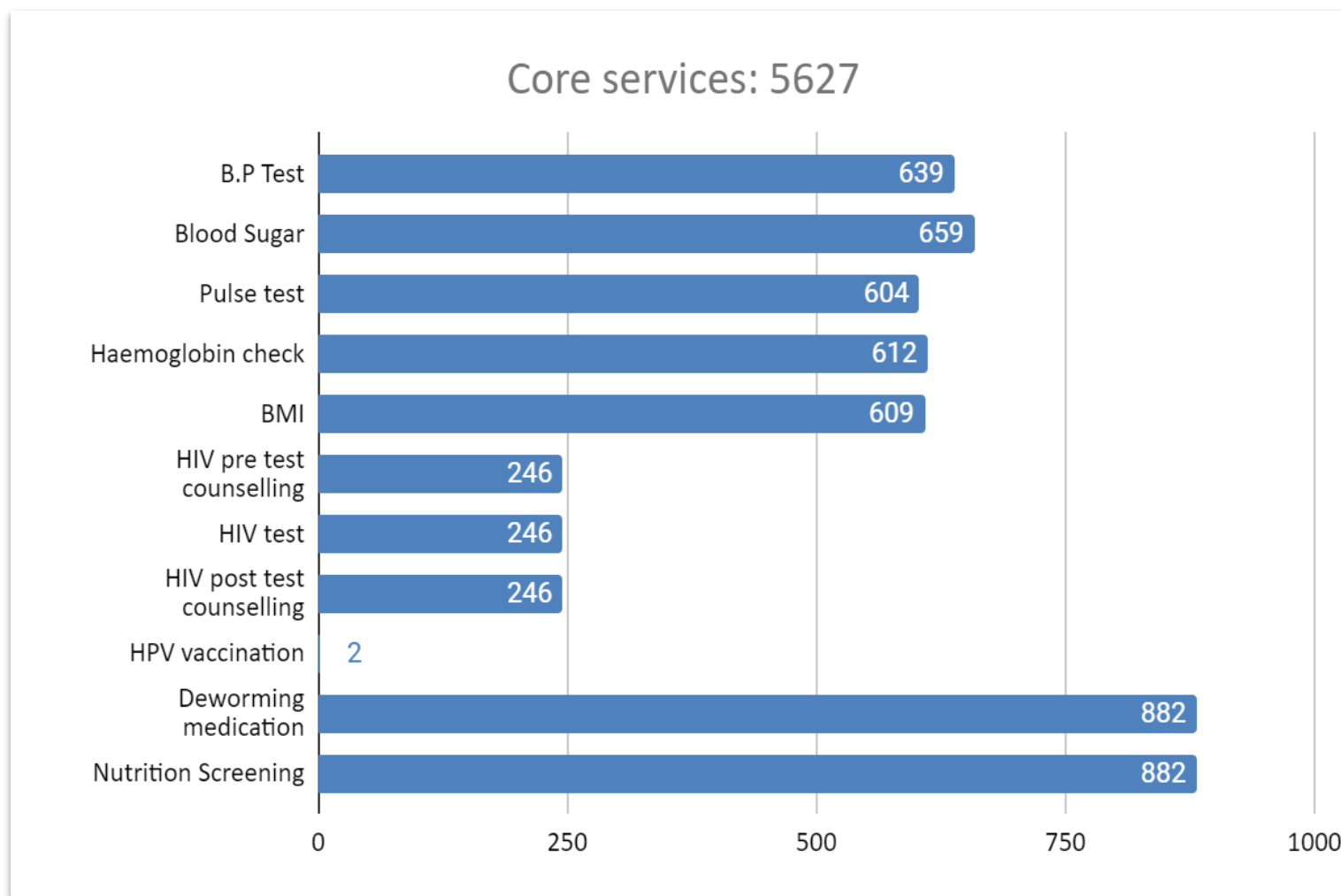


10.3 Core RFHD Services Provided

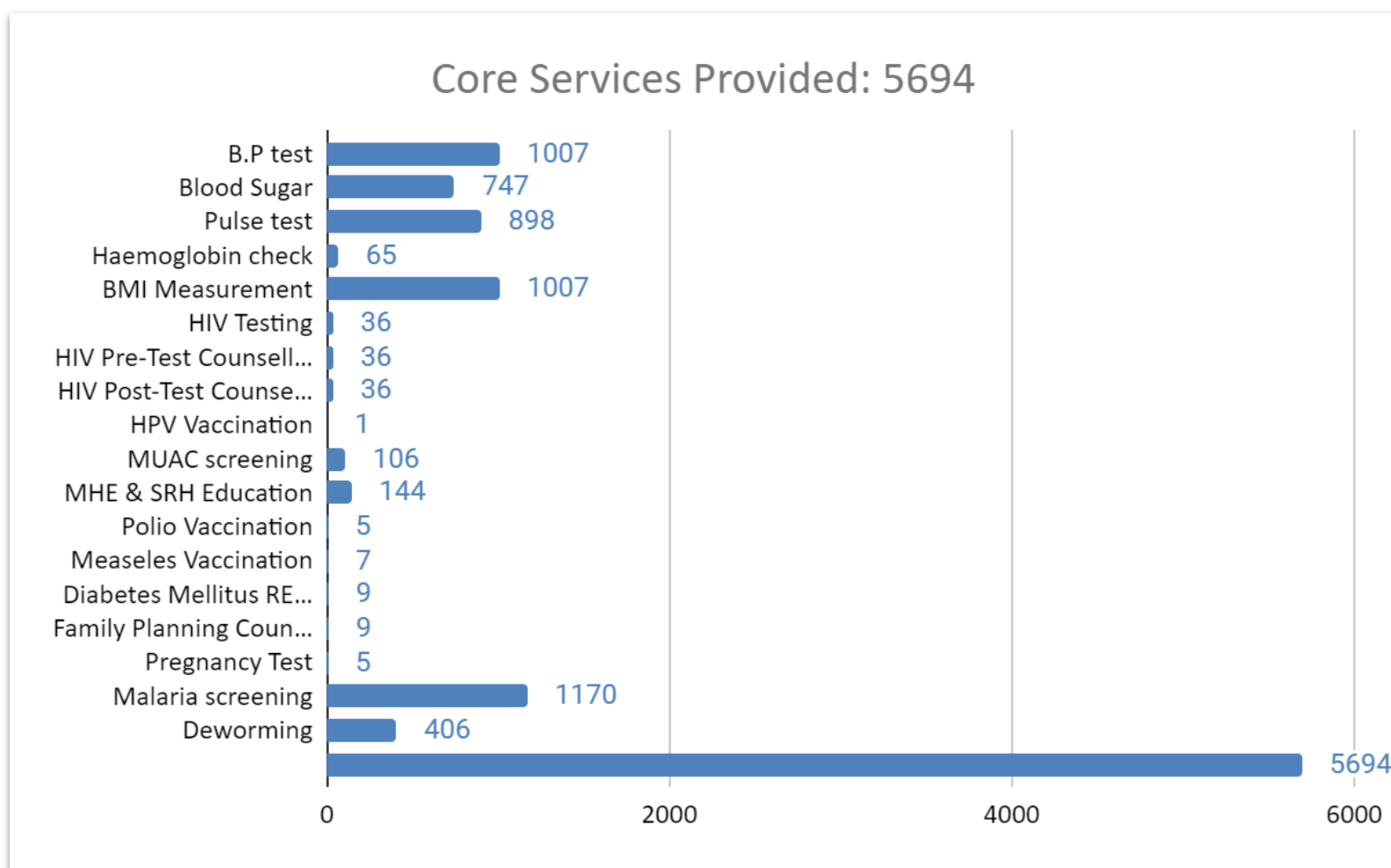
Ukonga Camp (Dar es Salaam)



Pasua Camp (Kilimanjaro)

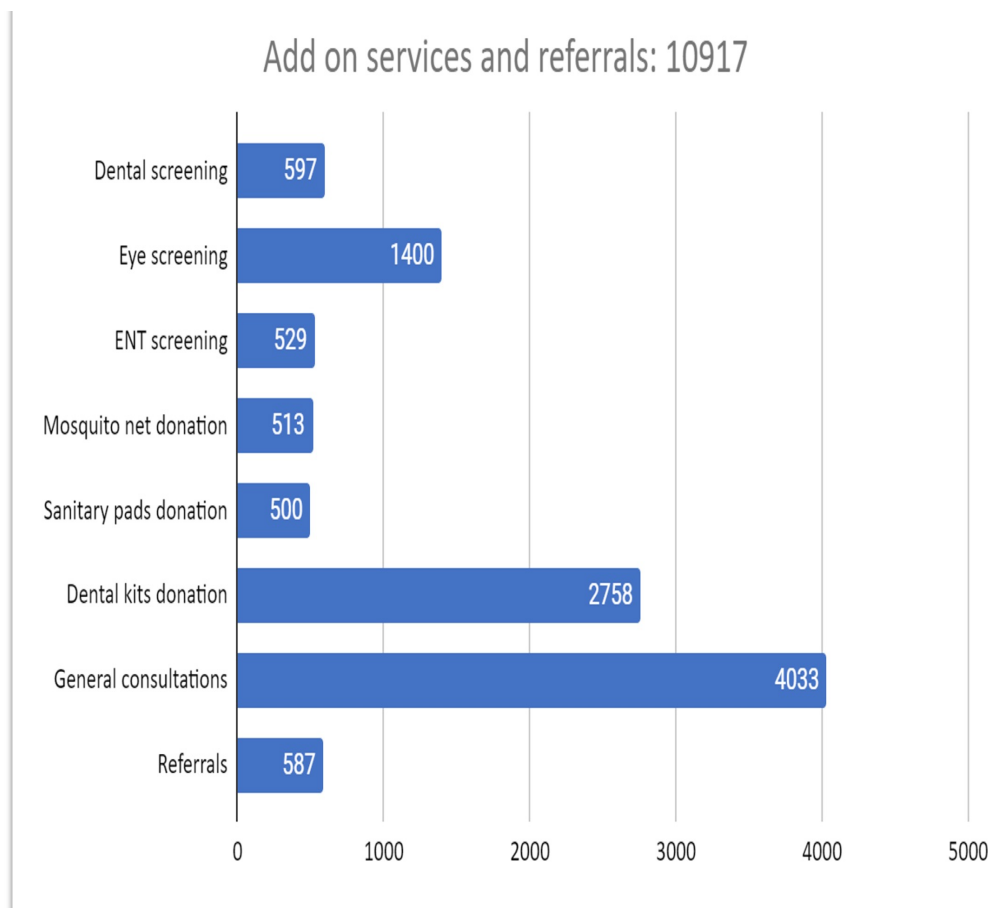


Bunju Camp (Dar es Salaam)



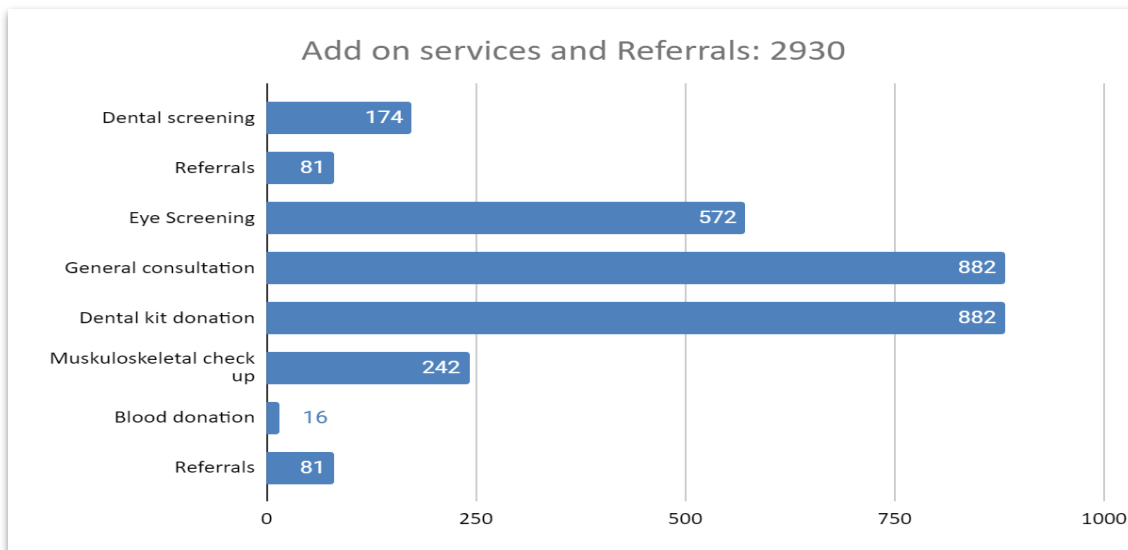
10.4 Rotary Add-on Services and Referrals Provided

Ukonga Camp (Dar es Salaam)

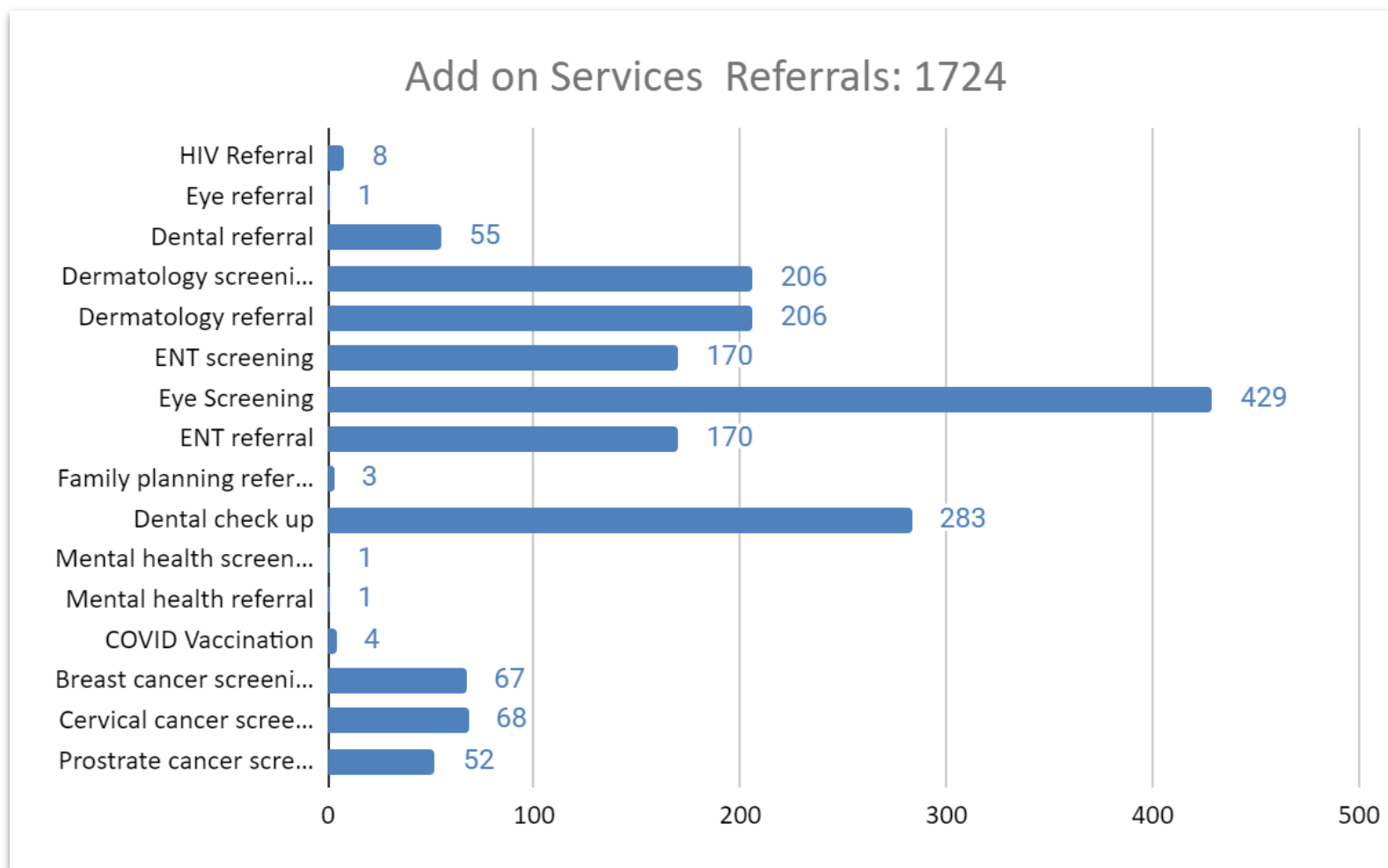


In addition to the above services, **4033** attendants received a meal for the day donated by a local business. Medicine was also dispensed to **2702** attendants

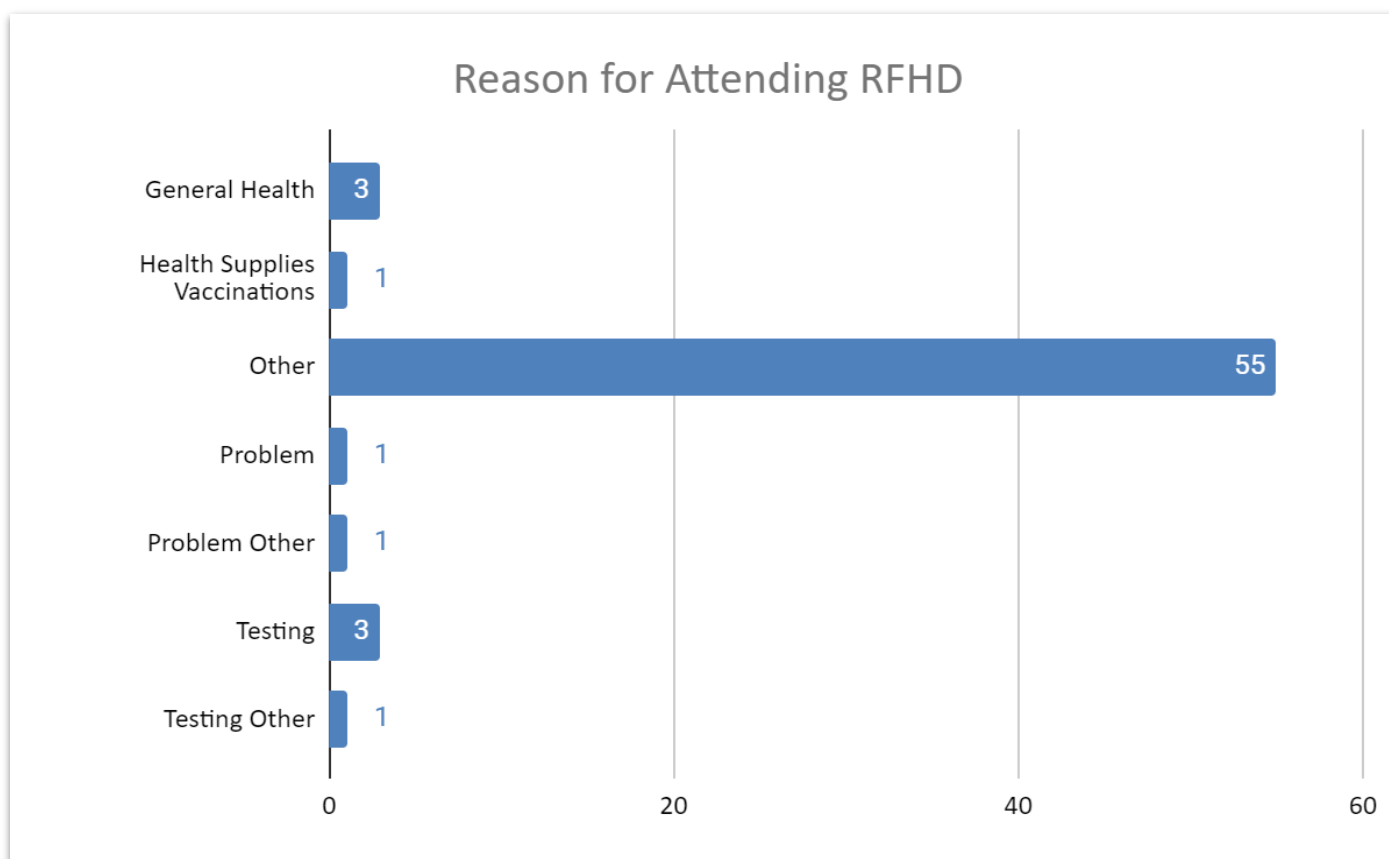
Pasua Camp (Kilimanjaro)



Bunju Camp (Dar es Salaam)

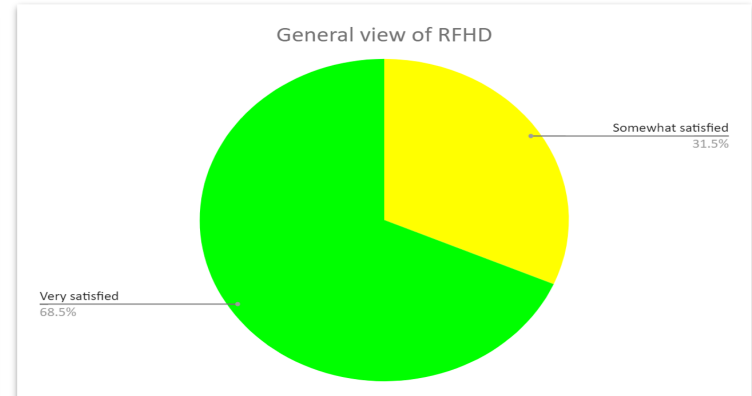
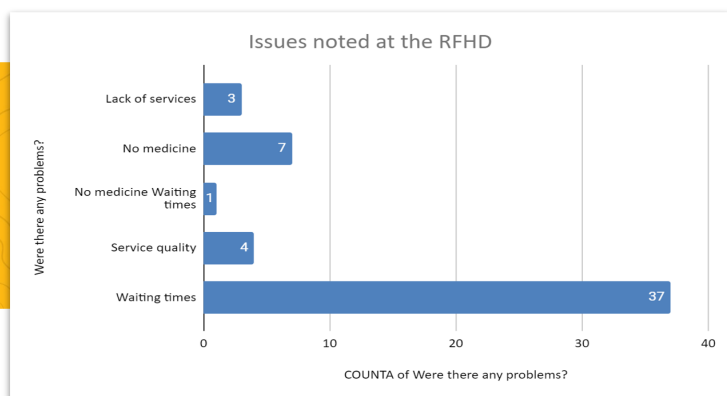
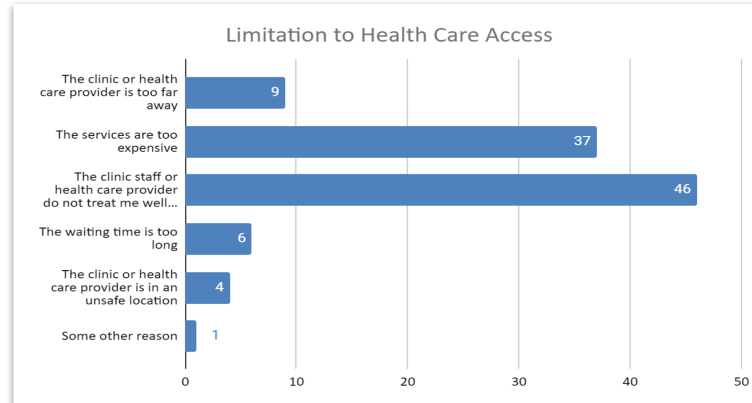
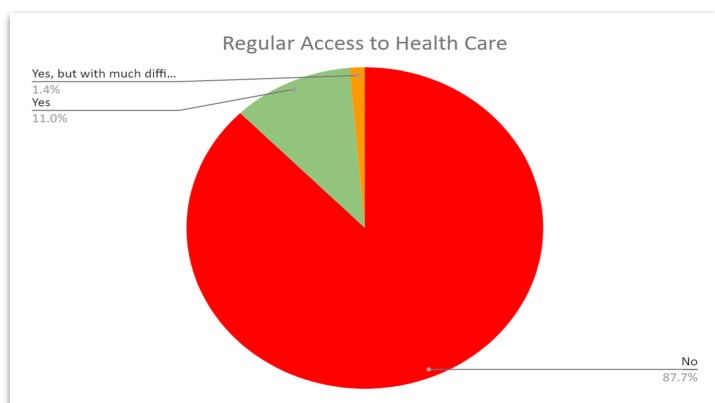


10.5 Exit Interviews



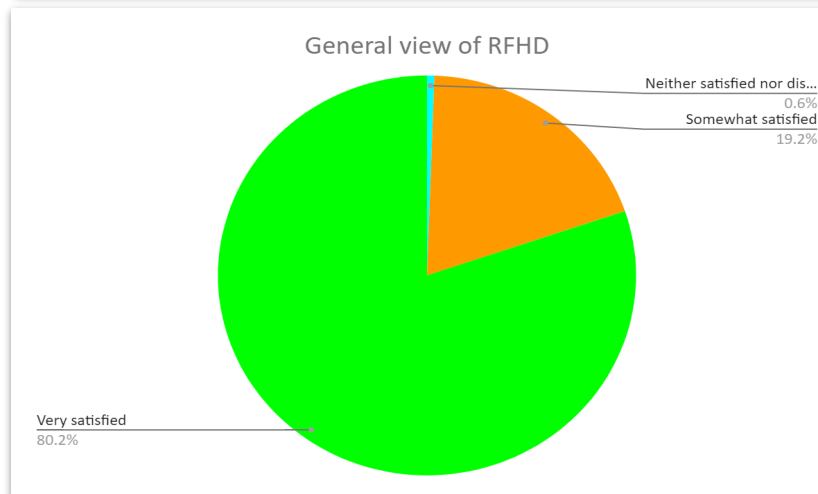
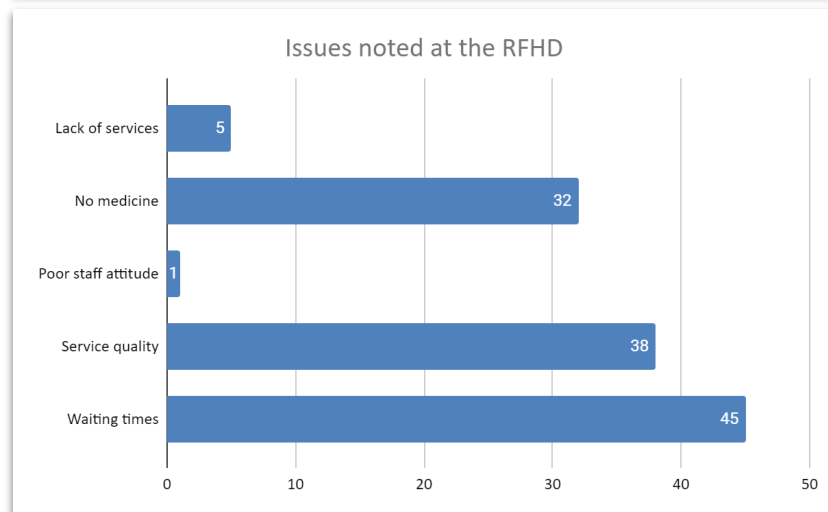
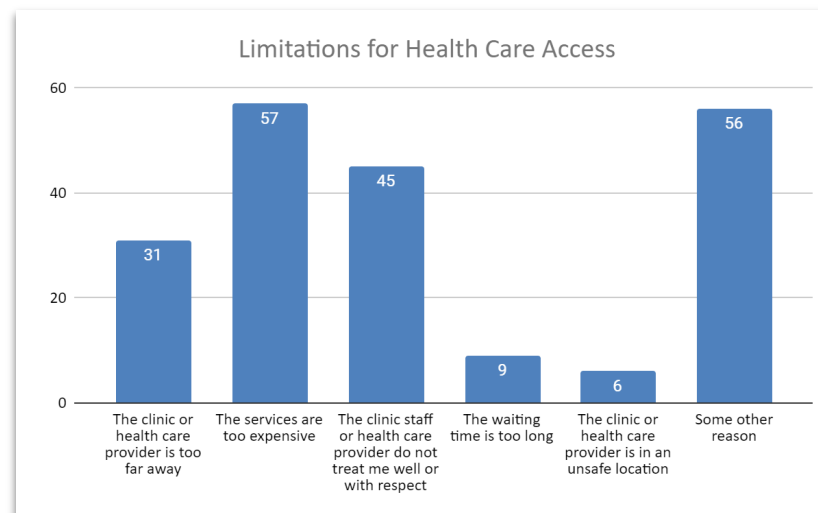
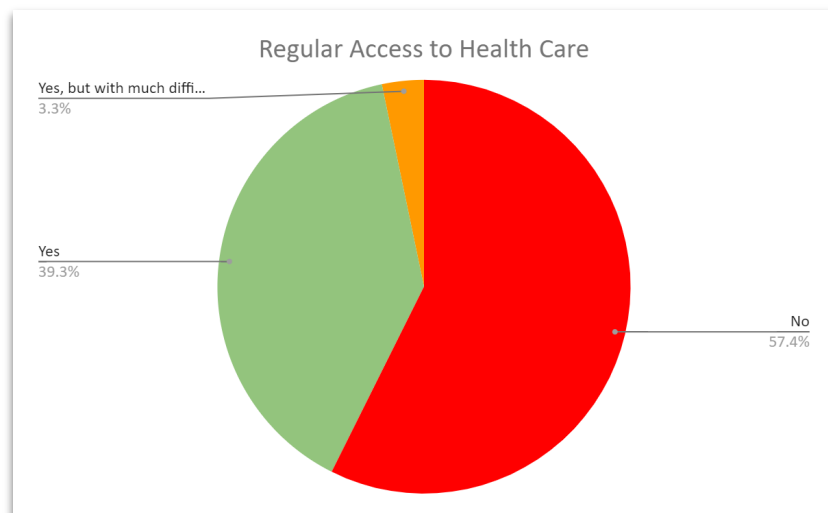
Pasua Camp (Kilimanjaro)

Exit Interview Results



Bunju Camp (Dar es Salaam)

Exit Interview Results



11 Challenges and Recommendations

Ukonga Camp (Dar es Salaam)

Exit Interview Results

100% of the people interviewed said they would attend if another RFHD was held, they thought their health would improve after the visit and they were treated with respect.

Recommendations from the community

- Complete service, testing and medication
- Elders should be given priority.
- Fairness in the waiting area
- Medicine variety for people who cannot afford
- More should be done on the waiting areas and time and fairness.
- Testing services for other diseases
- Testing services should be improved
- Time should be observed

A big challenge was the long waiting time as shown above; however in the coming medical camps, we hope to:

1. Increase the number of healthcare workers and volunteers to minimize the waiting duration.
2. Increase the number of volunteers *to help with the patient's screening services.*

Pasua Camp (Kilimanjaro) and Bunju Camp (Dar es Salaam)

Exit Interview Results

100% of the interviewed said they would attend if another RFHD were held. They thought their health would improve after the visit and were treated respectfully.

Recommendations from the community

- Decrease the waiting times.
- Provide seminars to the local community to raise awareness for RFHD.
- Provide free medication for disabled people.
- Increase the number of days for the RFHD.
- Increase access to eye care services.
- Increase the frequency of the RFHD
- Improve and increase testing services.
- Take RFHD to remote areas.
- Provide free medication for RFHD.
- Increase awareness and advertise sooner.
- Increase fields of services
- Elders and children need to be given priority.

12 Conclusion

We are grateful to each individual or company that joined hands in every way possible to make this significant impact on our community.

To all healthcare individuals, NGOs, and Rotarians backed up by a team of 300 Rotaractors who played a significant role in making this happen.

Thank you for serving selflessly and creating hope in the Ukonga, Pasua and Bunju communities.

Our special thanks to the 2023 RFHD Core Team listed below for their leadership:

- PDG Harish Bhatt – RFHD Country Coordinator, Tanzania – RC Bahari Dar es Salaam
- Diamond Carvalho – Country Chair – Rotary Tanzania - RC Bahari Dar es Salaam
- PDG Young Kimaro – Pasua Camp Leader – RC Mwika
- Krutin Shah – Club President - RC Dar es Salaam Oysterbay
- Jumana Zavery – Club President - RC Bahari Dar es Salaam
- Nikki Aggarwal – Club President – RC Dar es Salaam
- Aloys Kimario - Pasua Camp Leader – RC Moshi
- Jubril Adeiji – Ukonga Camp Leader – RC Oysterbay
- Harrison Mariki – Ukonga & Bunju Camp Pharmacy Support – RC Oystebay
- Mehreen Khatri – Bunju Camp Leader – RC Dar es Salaam
- Joyce Joseph – Rotaract Leader for Ukonga and Bunju Camps
- Cedric Hangilo - Rotaract Leader for Ukonga and Bunju Camps

13 Acronyms

AGYW	Adolescent Girls And Young Women
AIDS	Acquired Immune Deficiency Syndrome
ART	Antiretroviral Therapy
CBO	Community Based Organisation
CDC	Centres For Disease Control And Prevention
CHW	Community Health Worker
EPI	Expanded Programme On Immunization
HBV	Hepatitis B Virus
HCT	HIV Counselling And Testing
HCV	Hepatitis C Virus
HIV	Human Immunodeficiency Virus
HIVDR	HIV Drug Resistance
HTS	HIV Testing Services
IEC	Information, Education And Communication
M&E	Monitoring And Evaluation
MMC	Medical Male Circumcision
NCD	Non Communicable Diseases
NDOH	National Department Of Health
NDP	National Development Plan – Vision 2030
NGO	Non-Governmental Organisation
OVC	Orphaned And Vulnerable Children
PCA	Provincial Council On AIDS
PEPFAR	United States Presidential Emergency Fund For AIDS Relief
PIP	Provincial Implementation Plan
SANAC	South African National Aids Council
STI	Sexually Transmitted Diseases
TB	Tuberculosis
UNAIDS	Joint United Nations Programme On HIV/AIDS
USAID	United States Agency For International Development
USG	United States Government
UTT	Universal Test And Treat
VCT	Voluntary Counselling And Testing
WHO	World Health Organisation

14 Partner Summary

Core Partners

- RFHA – Rotary Action Group for Family Health & AIDS Prevention
- Bill and Melinda Gates Foundation

The partners above contributed US\$70,000 to the Rotary Family Health days in Tanzania.

Partners and Funders

- GTCO
- SBC Pepsi
- Jollie Pads
- SGA
- MDH
- Afya Intelligence
- Azam
- Hitech Sai Hospital
- Manufaa Media
- Chemi Cotex
- Dr.Akash
- Agha Khan Hospital

Implementing and Support Partners

- Regional and District Health Officials
- Ukonga ward leadership
- Ilala MC leadership
- Kilimanjaro Christian Medical Centre
- Kilimanjaro Christian Research Institute
- Akili Chanya Initiative Tanzania
- Security Group Africa
- The Network against female genital mutilation Tanzania
- Pasua Health center

- Whitedent Tanzania
- Aleems Grocery
- Cooperative and Rural Development Bank (CRDB)
- Small Industries Development Organization (SIDO)

Media Support Partners

- TBC
- ITV

14.1 Rotary & Rotaract Clubs Who Contributed

- Rotary Club of Dar es Salaam Oysterbay
- Rotary Club of Bahari Dar es Salaam
- Rotary Club of Dar es Salaam
- Rotary Club of Moshi
- Rotary Club of Mwika
- Rotaract Club of Hubert Kairuki
- Rotaract club of Kampala International Univesity Tanzania
- Rotaract club of Muhimbili
- Rotaract club of Alpha
- Rotaract club of Kwanza
- Rotaract club of Young Professional
- Rotaract club of Bahari Youth
- Rotaract club of KCMC
- Rotaract club of Mwenge Catholic University

15 Contact US

Rotary Family Health Days' Country Coordinator Details:

Name: Harish R Bhatt

Email: hbhatt@rotarytz.org